

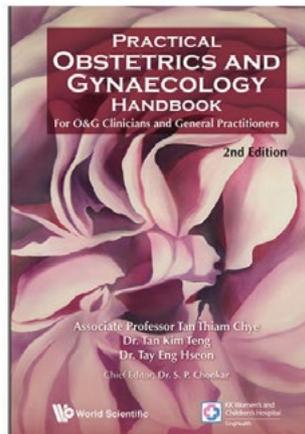
# Practical Obstetrics and Gynaecology Handbook: for O&G Clinicians and General Practitioners 2<sup>nd</sup> Ed (2014)

by A/Prof Lee Kheng Hock, President, 25<sup>th</sup> Council, College of Family Physicians Singapore

“Practical Obstetrics and Gynaecology Handbook: for O&G Clinicians and General Practitioners 2<sup>nd</sup> Ed (2014)” is one of those books that residents love. It provides up-to-date, concise, comprehensive and information in a handy pocket size that you can carry everywhere for revision and quick reference.

This mini textbook has 74 very short chapters, each filled with succinct key points supplemented by flowcharts, algorithms, and practical vignette. The book sticks to fundamental principles and key management points and puts everything in a very readable format. Complex topics are distilled into practical bite size portions. It is ideal for quick read and goes straight to the important points.

The book is written specifically for family physicians and clinicians in the primary health care setting, focusing on problems that are likely to be encountered by family physicians. It also advises on first hand management, referral criteria guidelines and additional information on the probable actions by OBGYN after referral. Experienced



obstetricians and gynaecologists might even find it useful to reaffirm and compare their practices with those advocated by the authors/contributors who are well known in their respective areas in O&G.

It is noteworthy that the book won the British Medical Award (BMA) Book Awards in 2015. Previous awardees included residents' favorites like Kumar and Clark's Clinical Medicine, Macleod's Clinical Diagnosis, Thalange's essentials of Paediatrics and Netter's Anatomy. So this book is in good company. Residents, especially those preparing

for family medicine exams will probably find this book very helpful.

The authors include well-known local specialists such as A/Prof Tan Thiam Chye, Dr Tan Kim Teng, Dr Tay Eng-Hseon and Dr Sonali Chonkar. The content is therefore very practical and reflects local practice. Besides those who are preparing for family medicine exams, this book is also a good resource for practicing family doctors, medical students and even OBGYN specialists.

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## Photo Quiz

Contributed by Dr Nicholas Foo Siang Sern, Editorial Board Member

### QUIZ #1

A 30-year-old lady presents with throat pain and fever of 2 days' duration. The pain is worse on the right.

#### QUESTION

Describe the findings seen on examination of her oral cavity/oropharynx.

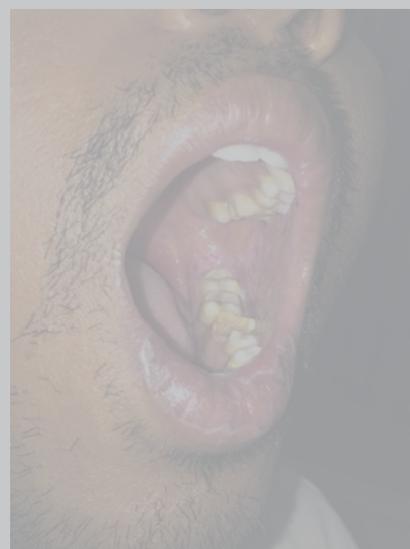


### QUIZ #2

A 32-year-old man presents with a pruritic rash over his limbs of 3 months' duration. He has also noted some changes to his lips and buccal mucosa.

#### QUESTION

Describe the findings seen on examination of his oral cavity and limbs



◀ Oral cavity

(continued on the next page)