



## Advanced Family Medicine (AFM) Practice: Experiential Learning from Illness Narratives & Balint Group

**Sat, 18th January 2020: 2.00pm - 5.30pm**

CFPS Lecture Room (Inside CFPS),  
16 College Road, #01-02, College of Medicine Building  
Singapore 169854

### TOPICS

Topic 1: From body to mind and beyond: Overview of Usual Consultation (EBM), Extended Consultation (NBM) and Illness Narratives (IBM) (CPY)

Topic 2: Attending to experience as a clinical approach: Value of the care experience; Listening, attending and bearing witness (TYS)

### WORKSHOPS

Workshop A: Illness Narratives - Experiential workshop with use of SLIDO live polling (WTH/CPY)

Workshop B: Tour of Balint groups. Stages of the experiential process. Forming of closed groups (TYS)

### SPEAKERS

#### A/Prof Cheong Pak Yean (CPY)

IM & FM physician with special interest in medical communication and humanism. Adjunct A/Prof YLL and Duke-NUS Schools of Medicine Singapore.

#### Dr Tan Yew Seng (TYS)

FM and palliative medicine physician; trained also in psychotherapy and end-of-life chaplaincy. Senior Consultant, Palliative Medicine, OncoCare Cancer Centre, Gleneagles Hospital.

#### Dr Wong Tien Hua (WTH)

Dr Wong Tien Hua - Family Medicine Physician. Director, Mutual Healthcare Pte Ltd. Vice President, College of Family Physicians Singapore. Adjunct Asst Prof, Duke-NUS School of Medicine.

The matured clinician may realise that the consultation is not merely an opportunity to elicit clinically relevant data. During the consultation, the patient brings forth narratives of his/her lived experience, which forms the invitation to the clinician to co-create a space to process what has emerged. Recognising this co-created space provides the potential for the clinician to not only deeply understand his/her patient but also to mutually process the illness experience. It is also in this space that the doctor may become the proverbial "drug" as described by Dr Michael Balint and profoundly influence the outcome of the clinical encounter.

In this seminar, we will discuss how we may make use of narratives as clinical tools, and the skills and attitudes that may help us invite, process and attend to narratives (Workshop A). We will also offer a glimpse into the Balint group process, which is a way that helps doctors develop these clinical skills (Workshop B).

#### ■ SEMINAR + WORKSHOPS (2 Core FM CME points)

\*Registration is on first-come-first-served basis.

Seats are limited.

Please register by 4 Jan 2020 to avoid disappointment.

This Seminar is organised by  
**College of Family Physicians Singapore,  
Mind Body Interest Group (MBig)**



All information is correct at time of printing and may be subject to changes.



## REGISTRATION

Experiential Learning from  
Illness Narratives & Balint groups

**FREE  
REGISTRATION  
for College  
Members!**

Please tick (✓) the appropriate boxes

	College Member	Non-Member
Seminar, Sat 18 Jan 20	<input type="checkbox"/> <del>\$32.10</del> <b>FREE</b>	<input type="checkbox"/> \$20.00

All prices stated are inclusive of 7% GST. GST Registration Number: M90367025C

I attach a cheque for payment of the above, made payable to:  
**College of Family Physicians Singapore\***

Cheque number: \_\_\_\_\_

Signature: \_\_\_\_\_

\*Successful applicants will be confirmed by e-mail and registration is confirmed only upon receipt of payment.

The College will not entertain any request for refund due to cancellation after the registration is closed OR after official receipt is issued (whichever is earlier).

Name: Dr \_\_\_\_\_

MCR No: \_\_\_\_\_

Mailing Address: (Please indicate:  Residential  Practice Address)

\_\_\_\_\_

\_\_\_\_\_

E-mail: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

**Note: Any changes to the course details will be announced via e-mail.  
Kindly check your inbox before attending the course. Thank you.**

Please mail the completed form and cheque payment to:

**College of Family Physicians Singapore**  
16 College Road #01-02, College of Medicine Building, Singapore 169854

Or fax your registration form to: 6222 0204