

# College of Family Physicians Singapore



27th Annual Report 1997-1998

## **CONTENTS**

	Page
Agenda for 27 <sup>th</sup> Annual General Meeting	2
Minutes of the 26 <sup>th</sup> Annual General Meeting	3
Report of the Sixteenth Council for the period 1 April 1997 to 31 March 1998	19
Report of the Board of Censors	29
Annex to the Board of Censors	32
Report of the Continuing Medical Education Committee	40
Report of the Family Medicine Teaching Programme	42
Report of the Undergraduate Teaching Committee	44
Report of the Research and Information Committee	46
Report of the Publications Committee	48
Report of the Practice Management Committee	50
Report of the 6 <sup>th</sup> Scientific Conference & 7 <sup>th</sup> Meditech Exhibition	51
Report of the Finance Committee	54
Auditor's Report	55
Balance Sheet as at 31 March 1998	
Income and Expenditure Account for the year ended 31 March 1998	
Notes to the Accounts - 31 March 1998	
List of Members	

## **ANNUAL GENERAL MEETING**

Notice is hereby given that the Twenty-Seventh (27<sup>th</sup>) ANNUAL GENERAL MEETING of the College of Family Physicians Singapore will be held on <u>Sunday 24 May 1998 at 2:30 pm</u>, in the Lecture Theatrette, Level 1, College of Medicine Building, 16 College Road, Singapore 169854.

#### **AGENDA**

- 1. President's Address.
- 2. Minutes of the Twenty-Sixth (26<sup>th</sup>) Annual General Meeting held on Sunday, 11 May 1997.
- 3. Matters arising from the minutes.
- 4. Annual Report of the Sixteenth Council for the year ended 31 March 1998. House Discussions.
- 5. Audited Accounts for the year ended 31 March 1998.
- 6. Appointment of Honorary Auditor and Legal Advisor.
- 7. Any Other Business.
  - i) WONCA World Conference 2004 bid
  - ii) Lease of premises & renovations
  - iii) Advance Family Medicine Programme
  - iv) Ultrasound & Surgical Skills update

#### DR RICHARD NG MONG HOO

Honorary Secretary Sixteenth Council (1997-1999) College of Family Physicians Singapore

## MINUTES OF THE 26<sup>TH</sup> ANNUAL GENERAL MEETING

Minutes of the 26<sup>th</sup> Annual General Meeting of the College of Family Physicians Singapore held in the Lecture Theatrette, Level 1, College of Medicine Building, 16 College Road, Singapore 169854, on Sunday 11 May 1997 at 2.30 pm.

The following were present:

#### Fellows:

A/Prof Goh Lee Gan
Dr Loh Wee Tiong Alfred
Dr Leong Vie Chung
Dr Lim Lean Huat
Dr Moti Vaswani
Dr Soh Cheow Beng Aloysius

#### **Diplomate Members**

Dr Bina Kurup
Dr Lee Kheng Hock
Dr Ng Chee Lian Lawrence
Dr Wong Song Ung
Dr Yii Hee Seng

#### **Ordinary Members**

Dr Cheong Pak Yean
Dr Lim Hock Kuang David
Dr Lim Soon Beng
Dr Ng Mong Hoo Richard
Dr Tan Chin Hock Arthur
Dr Tan See Leng

#### **Associate Members**

Dr Julian Lim Dr ThamTat Yean

#### **INTRODUCTION**

The Meeting was called to order at 2.30 pm with the President welcoming the members.

As there was no quorum the President adjourned the meeting until 3.00pm; this is in accordance with the Constitution.

#### ITEM 1 PRESIDENT'S ADDRESS

- 1.1 President re-convened the meeting at 3.00pm and thanked all those members who made an effort to attend, including two new Associate Members, Dr Tham Tat Yean and Dr Julian Lim. They were invited to introduce themselves to the House.
- 1.2 President reported on the activities in the past year. Besides the usual work related to Undergraduate Teaching and Continuing Medical Education (CME), members of the College Council have been involved in some of the Ministry of Health committees as well as those called by Singapore Medical Association. There are, however, some significant areas worth particular mention.

#### 1.2.1 SAF Visits

The College was invited by Colonel (Dr) Tan Eng Hoe of the Health Division, Ministry of Defence, to contribute to the upgrading of their medical centres throughout the island. This was done by way of quarterly visits by members of the College to these particular centres to give their critical comments and reviews on the structure, functions and physical layout of the centres.

#### 1.2.2 Closure of Postgraduate Medical Library (PGML)

This closure was tabled at the 1996 AGM. The PGML was jointly run by the College and the Academy of Medicine and it was agreed by the PGML Committee to divide the funds of some S\$1.5 million between the two organisations. The College will use its part of the funds to improve and upgrade the present Reuben Meyer Library. Once upgraded, the library will be called the Postgraduate Library for Family Medicine.

#### 1.2.3 Changes in the College Premises

Due to government policy, the College may no longer enjoy subsidised rental of the premises. The Ministry of Health (MOH) will be charging rental at the market rate of S\$30 per square metre or some S\$3 per square foot. Even though this is relatively inexpensive compared to rental in the Central Business District, this, nevertheless is still substantial amount to pay for the space that the College occupies, which is some 5,000 square feet. The rental would amount to about S\$15,000 per month. Therefore, the College has informed the Ministry that it

would remain in its present premises but would have to sacrifice some space by giving up the Lecture Theatrette and the room that used to be occupied by the College's Computer Education Centre. The Ministry has agreed that the College can have free use of the Lecture Theatrette for CME programmes and events as this normally takes place outside office hours. As for the Computer room which is already being used by the Ministry, this will be turned into the College's new library and the Ministry will occupy the current Reuben Meyer Library room. In effect, the College and the Ministry will do a swap.

By giving up almost half the space means that the college will pay some S\$7500 per month rental to the Ministry (the exact figure would have to be confirmed). The Ministry suggested that we should bill the Ministry for training of its Family Medicine Trainees such that the amount of rental is off-set against the administrative cost of the Family Medicine Teaching Programme. This suggestion confirms the Ministry's support to the College

#### 1.2.4 Changes in the Secretariat

President reported that there were changes to the staff in the College Secretariat. Ms Joanne Yap, the former Administrative Secretary has left the College. He welcomed Ms Yvonne Chung, the new Administrative Manager, who joined the College in November 1996. Ms Chung has previous health administration experience working in the UK National Health Service. President reported that the management and administration of the office has improved significantly and that the backlog of work accumulated over the previous years has been cleared substantially since Ms Chung's appointment some six months ago.

The other Secretariat Staff are Ms Katy Chan, Aministrative Assistant, and Mr Shawn Tan Swee Heng who is on temporary assignment.

#### 1.2.5 Visit & Study Tour to Myanmar

A delegation of members from the College together with members from the Singapore Medical Association, were officially invited to Myanmar on a study tour and to attend the Myanmar Medical Association's Conference on 14-19 January 1997.

The aim of the visit was to attend the Medical Conference, to participate in joint clinical sessions, to visit an urban health centre, a rural health centre and to discuss a collaboration on professional exchange and training with representatives of the Myanmar Medical Association.

The clinical sessions were in Peadiatrics, Internal Medicine and Surgery, and Orthopaedics at the Yangon General Hospital and the New Yangon General Hospital.

## 1.2.6 <u>Visit to the College by Myanmar Deputy Minister of Health</u>

Following the College's visit to Myanmar in January 1997, Colonel (Dr) Than Zin, Deputy Minister of Health, Myanmar, paid an official visit to the College on 28 February 1997, together with Mr Myint Soe, Counsellor, Embassy of the Union of Myanmar. Discussions were held on the type of assistance that the College could offer the Myanmar Medical Association.

The College has informed the Singapore Ministry of Health of its work and assistance to Myanmar; the Ministry fully supports the College in this project.

# ITEM 2 MINUTES OF THE 26<sup>TH</sup> ANNUAL GENERAL MEETING HELD ON SUNDAY, 11 MAY 1997

**2.1** The following amendments were recorded:

Page 4, MOH and SMA Activities, the paragraph should read as follows:

"The College participated in the following Ministry of Health Committees: the National Ethics Committee, **Medicine** Advisory Committee..." (not "Medical Advisory Committee").

#### 2.1.1 Page 5, Possibility of Compulsory CME

Dr Leong Vie Chung sought clarification on whether this referred to CME in general or to the College's own CME programmes. President replied that it was referring to CME in general.

2.1.2 **Page 5,** Health Minister's Offer of Granting Statutory Powers to the College

Dr Leong Vie Chung suggested that the date of the Minister of Health's visit should be recorded as Tuesday 25 July 1995. This point was accepted by the House.

2.1.3 Page 11, Report of the Research Committee: 1 April to 31 March 1996

Dr Leong Vie Chung brought to the attention of the House that the College's web site address should be as follows: http\\:www.smedia.com.sg/fps (not: http\\:www.sme.com.sg.fps).

A/Prof Goh Lee Gan reported that "Web page" should read "Website".

2.1.4 **Page 17,** Item 3 should read:

Minister of Health and Education (not Minister of Health and Environment).

- 2.1.5 **Page 18,** *Membership*, should read as follows: In the year under review, the membership strength was **630** as at 31 March 1997. (not 629) And, Diplomate members: **74** (not 73).
- 2.2 The adoption of the Minutes of the 25<sup>th</sup> Annual General Meeting was proposed by Dr Lawrence Ng Chee Lian and seconded by Dr Leong Vie Chung. There were no objections.

#### ITEM 3 MATTERS ARISING

#### 3.1 Compulsory CME

3.1.1 President reported that since the 1996 AGM report on the possibility of compulsory CME, the College has not heard from the Singapore Medical Council regarding this matter. It appears that with a new Health Minister (Mr Yeo Cheow Tong) and a new Permanent Secretary (Mr Koh Yong Guan), the Ministry may still wish to continue voluntary CME.

#### 3.2 Granting of Satutory Powers to the College by the Minister

- 3.2.1 President reported that further to the Minister of Health's visit to the College in July 1995, Council Members have met with representatives of the Ministry. On their recommendation, College Council have also met with Mr Goh Bai Cheng from the Attorney General's Chambers.
- 3.2.2 The meeting with Mr Goh Bai Cheng enabled him to gain a very good idea of the role and functions of the College, its objectives and the limitations facing the College. Mr Goh subsequently submitted a report to the Ministry. The essence of this report was that to acquire statutory powers would be a very lengthy process. It will involve changing the Medical Registrations Act and the need to have a Select Committee to look into the matter, followed by several stages of Parliamentary readings.
- 3.2.3 Following Mr Goh Bai Cheng's report, the Ministry suggested it would probably be easier to get both the College and the Academy of Medicine to come under the SMC as academic bodies, and that certain regulatory powers be given to these two bodies with regards to CME and membership. By doing so would only involve changes to the SMC regulations and not to the Medical Act.
- 3.2.4 To date, the College has not heard any further from the Ministry.

## 3.3 25<sup>th</sup> Anniversary Celebrations & 6<sup>th</sup> Scientific Conference

3.3.1 President reported that preparations for the 25<sup>th</sup> Anniversary celebrations, the 6<sup>th</sup> Scientific Conference and 7<sup>th</sup> Meditech Exhibition were well under way. The Organising Committee is confident that it will be a successful conference with good participation. To date we have received some 250 registrations as well as

- good response from the sponsors. For example, MSD has given a sponsorship of S\$60,000 as the main sponsor and Glaxo Wellcome has sponsored S\$30,000.
- 3.3.2 The Keynote Address will be delivered by Dr Charles Boelen, Chief Medical Officer at the World Health Organisation. Dr Goran Sjonell, President World Organisation of Family Doctors (WONCA) will be delivering the Screenivasan Oration.

#### 3.4 College CD Rom

- 3.4.1 Dr Leong Vie Chung asked about the progress of the production of the College CD Rom to capture the activities and history of the College. He said that it was important that this part of the College should not be lost due to the lack of a systematic recording method.
- 3.4.2 A/Prof Goh Lee Gan reported that the College made enquiries with commercial firms regarding the cost of producing the CD Rom; it would cost in the region of S\$100,000, which was beyond the budget of the College. For this reason, the idea of a CD Rom was aborted.
- 3.4.3 President agreed with Dr Leong Vie Chung and reported that with a more efficient Secretariat, the most viable and systematic method of reporting the College's history would be to put it on the College's webpage. This webpage would be maintained by the Secretariat and would enable members to have easy access to the College's activities as well, such as interactive CME programmes on the internet.

#### 3.5 VLF Fund

- 3.5.1 Dr Moti Vaswani raised the point that the "VLF Fund" in the College accounts should be written in full.
- 3.5.2 President agreed that the amendment in the accounts should be made to reflect: Victor Louis Fernandez Fellowship Fund.

#### 3.6 Advance Specialty Training Programme (AST)

- 3.6.1 A/Prof Goh Lee Gan reported that the School of Postgraduate Medical Studies has given the responsibility of developing the AST Programme to the College. The Board of Censors has spent much time on discussing the aim of the programme and how rigourous the AST should be.
- 3.6.2 The objectives of the AST are as follows:
  - i) The holder of this qualification would be able to practice with greater knowledge, confidence and skills.
  - ii) He/She would be able to continue with a programme of self development

- iii) He/She would be able to train the next echelons/generations of Family Physicians
- iv) He/She would be a leader and a role model in the discipline of Family Medicine.
- 3.6.3 For the candidate to achieve these four objectives, a course of study lasting three years was felt to be necessary by the Board of Censors. This course would cover the following areas:
  - i) General Family Medicine

This would include a CME type of programme where one would develop further knowledge and expertise as well as to participate in existing CME programmes.

ii) Research methodology and critical reading

This would enable the candidate to develop a research capability through a series of courses as well as the publication of their research/work. Having the element of research means that the discipline of Family Medicine is continually growing.

- Trainer training and supervision of Family Medicine Trainees
  This is important to train the next echelon of doctors and AST holders would form the pool of expertise that would be required.
- iv) A special area of training in an approved area and programme of study

Each candidate should have an area of specialised knowledge. Provisionally, these areas include: General Family Medicine; Medical Education; Community Geriatric Medicine; and Well and Sports Medicine.

3.6.4 A/Prof Goh reported that the College intends to make an announcement of the AST programme in June and the course to start in July 1997.

# ITEM 4 ANNUAL REPORT OF THE 15<sup>TH</sup> COUNCIL: YEAR ENDED 31 MARCH 1997

- 4.0 President invited comments from the Floor on the Annual Report of the 15<sup>th</sup> Council for the year ended 31 March 1997.
- 4.1 President clarified that for point 2.1, page 15, under "Council Activities", the airfare for Dr Lim Lean Huat, was sponsored by the College to go on a Study Trip on Family Medicine to the UK, and A/Prof Goh Lee Gan's airfare was sponsored by the University.

- 4.1.1 Point 2.4, page 16: SAF has sponsored 50 doctors to attend the College's forthcoming 6<sup>th</sup> Scientific Conference at the full registration fee. This underlies the SAF's support for the College and their belief that the conference will benefit their doctors.
- 4.1.2 Point 2.6, page 16: President elaborated on the visit and study tour to Myanmar in January 1997 by the Singapore delegation. The clinical cases presented at the hospitals were very good classic 'textbook' cases and could serve to sharpen the clinical skills of our local doctors. This would be done by orgainising bi-annual visits to the Yangon hospitals where the various departments have shown themselves to be more than enthusiastic to share their clinical cases/materials. The College hopes to develop an exchange programme with the Myanmar Medical Association in this regard.
- 4.1.3 As a start, College will be sponsoring five Myanmar doctors to attend the 6<sup>th</sup> Scientific Conference on a complimentary basis as well as complimentary accommodation at the YMCA for that duration. These five doctors would be on a study tour to Singapore organised by the College. Their aim would be to see how Family Medicine is taught in Singapore, to make site visits to the College itself, the University and the Postgraduate School and the Singapore Medical Association. These five doctors would be the key people in the GP section of the Myanmar Medical Association to assist in the development of the teaching of Family Medicine in Myanmar.
- 4.1.4 Dr Lawrence Ng Chee Lian asked whether the AST programme could involve an element of exchange of teaching staff as well.
- 4.1.5 A/Prof Goh replied that it would be useful to use the Myanmar cases to share critical findings and to discuss the clinical management of such cases.
- 4.1.6 Point 2.7, page 16: In addition to his comments in the President's Address, the President reported that this would be the 10<sup>th</sup> year that the College has occupied its present premises in the College of Medicine Building, and that it was due for an internal refurbishment. Therefore, part of the funds that need to be expended, would be used for these refurbishments. This includes new wall paper, new carpets, painting, improved lighting and minor carpentry work.
- 4.1.7 Point 2.8, page 17: President explained that the interest from the alloted S\$750,000 from the Postgraduate Medical Library Fund will be used to fund the College's new Postgraduate Medical Library in Family Medicine. This will include medical journals as well as texts books for the use of College Members. At current interest rates, the interest accrued from the principal sum should amount to some S\$20,000 per year for this purpose.
- 4.1.8 College has also received some of the furniture and assets from the Postgraduate Medical Library, for example, the reading tables and chairs, the book shelves and the wooden plaques with the donors' names inscribed. This would enable a sense

- of history of the former Postgraduate Medical Library to be brought to and be maintained at the College's Library.
- 4.1.9 Dr Lawrence Ng asked about the Academy of Medicine's sentiments in the closure of the Postgraduate Medical Library and what they would do with their share of the funds. He also raised the point of how this closure would effect the users who need to have access to particular medical journals and references that were only previously held in the PGML, bearing in mind that it is precisely these journals that have been taken by the Academy. This point was raised in relation to his own experience of not being able to have access to various libraries because he was not a member of the organisations concerned.
- 4.1.10 President reported that the more neutral members of the PGML Committee who helped build the PGML felt that there was no point in the Academy delaying the closure and therefore, it went ahead. Although the Academy has expressed an interest in the possible partnership with SGH's PGML library, at this point in time, the Academy has not confirmed its plans regarding the use of its funds.
- 4.1.11 Dr Lawrence Ng suggested the implementation of electronic linkage to enable College members to have access to the libraries of other medical/profession institutions.
- 4.1.12 A/Prof Goh Lee Gan agreed that the availability of a resource for reading materials is important. One possibility could be for the College to sign a Memorandum of Understanding with various medical institutions/libraries to enable College members to have access. Secondly, members could subscribe to the internet website called "Healthgate". Thirdly, the College's website could be developed to include of interest and benefit, but this would require much manpower.
- 4.1.13 Page 18, under "Membership": President reported that the breakdown of the types of membership was given in the Board of Censor's report on page 19. There were 15 resignations in the year under review and the majority of these were from members who have retired. The College now has a "Retired" category of members who do not have to pay any membership fee; they also receive the College journal on a gratis basis.
- 4.1.14 President reported that the College should, in the wake of the 6<sup>th</sup> Scientific Conference, use the opportunity for a mini membership drive to increase membership; this would help towards paying for the commercial rental which will be implemented soon.

#### 4.2 REPORT OF THE BOARD OF CENSORS 1 April 1996 - 31 March 1997

4.2.1 A/Prof Goh Lee Gan reported that Dr Lau Hong Hong should read Dr Lau Hong Choon.

4.2.2 Members went through the report without any objections.

# 4.3 REPORT OF THE CONTINUING MEDICAL EDUCATION COMMITEE 1 April 1996 - 31 March 1997

- 4.3.1 The House commended the running of the CME Committee by Dr Richard Ng Mong Hoo, Chairman, and Dr Bina Kurup, Secretary.
- 4.3.2 President commented that the more professional organisations and societies were making requests to jointly organise CME events. This underlies their recognition that joint programmes with the College is an effective way of reaching to Family Physicians.
- 4.3.3 Members went through the report without any objections.

## 4.4 REPORT ON THE FAMILY MEDICINE TEACHING PROGRAMME 1 April 1996 - March 1997

4.4.1 Members went through the report without any objections.

## 4.5 REPORT OF THE UNDERGRADUATE TEACHING COMMITTEE 1 April 1996 - March 1997

- 4.5.1 President reported that as a result of a member at the previous AGM suggesting that Undergraduate Clinical Tutors should be listed, this information was provided in the report for the year under review.
- 4.5.2 President reported that feedback from the trainees themselves of the Clinical Tutors was very encouraging and complementary. This underlies their commendable contribution and high standard of work done by these tutors.
- 4.5.3 One amendment was recorded: the correct spelling of one of the Committee Member's name should be Dr David Lim Hock Kuang.

# 4.6 REPORT OF THE RESEARCH & INFORMATION COMMITTEE 1 April 1996 - 31 March 1997

- 4.6.1 Dr Lee Kheng Hock, Chairman of this committee, reported on a research project to study the dietary habits of workers in Singapore. The data has been obtained and the report is in the process of being written.
- 4.6.2 As a follow-up to this project, another study will be conducted on the dietary habits of children age between 4 months to 4 years; the sample size is 600. The committee has the assistance of two dieticians for this project and it is about to conduct a pilot study. Hopefully, by the next AGM, Dr Lee will be able to report further on this project.

- 4.6.3 Dr Lee also reported on the College's webpage which has remained somewhat static for a number of reasons. The company, Sembawang Media, that helped set up the webpage have had staff resignations and as a result, the project has more or less come to a halt.
- 4.6.4 Dr Lee suggested that the College's webpage should be relaunched under a new web address that immediately denotes the name of the College in some way. He also suggested having more interactive CME, on line access to the College journal and newsletter, a forum page and other news items. Access would also be password protected with an appropriate screening mechanism.
- 4.6.5 Dr Lee also reported that a successful website would need to be updated and maintained regularly. This would require adequate funding, technical know-how and manpower. The most practical way of achieving this would probably be to engage the services of one of the smaller commercial companies. Dr Lee has had preliminary discussions with two such companies; the quotations show that it would cost some S\$5,000 to set up the webpage and some S\$10,000 per year to maintain it.
- 4.6.6 Dr Lee was confident that the webpage would be improved and relaunched by the next reporting year.
- 4.6.7 Dr Cheong Pak Yean made two suggestions on how the College could overcome some of the potential problems associated with setting up and maintaining a website. Firstly, the College could buy its own hardware and hard disk so as to be clear on the ownership of the materials to be put on line. Secondly, College could collaborate with another medical organisations, eg SMA, to share the equipment and costs of the entire project.
- 4.6.8 Dr Lee Kheng Hock thanked Dr Cheong for his suggestions and reiterated that any contract drawn up between the College and the commercial company would clearly state the ownership of materials and information should the project not succeed.

#### 4.7 REPORT OF THE PUBLICATIONS COMMITTEE 1 April 1996 - 31 March 1997

- 4.7.1 President reported that the Chairman of this committee, Dr Hong Ching Ye, has sent her apologies for today's AGM.
- 4.7.2 The Council and the House commended Dr Hong on her contributions to the publication of the College journal, despite her busy work commitments, especially for the Commemorative Issue which will be published in time for the 25<sup>th</sup> Anniversary celebrations in conjunction with the 6<sup>th</sup> Scientific Conference later on in May (1997).
- 4.7.3 Members went through the report without any objections.

# 4.8 REPORT OF THE PRACTICE MANAGEMENT COMMITTEE 1 April 1996 - 31 March 1997

- 4.8.1 President reported that the SAF has continued its good rapport with the College and has sought the assistance of the College in the area of practice management. For example, their drugs list/inventory was forwarded to the Committee and Council for comments and suggestions for improvement. The College also continues to be represented on the SAF's Board of Visitors.
- 4.8.2 Members went through the report without any objections.

#### 4.9 REPORT OF THE FINANCE COMMITTEE 1 April 1996 - 31 March 1997

4.9.1 Members read through the report without any objections.

## 4.10 ACCEPTANCE OF THE ANNUAL REPORT OF THE COLLEGE 1 April 1996 - 31 March 1997

4.10.1 Dr Moti Vaswani proposed the acceptance of the college's 26<sup>th</sup> Annual Report for the year ended 31 March 1997 to the House. This was seconded by Dr Lawrence Ng Chee Lian.

## ITEM 5 AUDITED ACCOUNTS FOR THE YEAR ENDED 31 MARCH 1997

- President reported that the College has deliberately expended more money than it should have done in order not to be taxed on the accumulated excess income. This meant that College had to spend 80% of this income which amounted to some S\$164,000.
- 5.2 Of this amount, some S\$70,000 has been spent on the long overdue renovations to the College offices; S\$30,000 has been spent on the purchase of life-like anatomical tissue models to be used for the future teaching of more hands-on CME; and S\$30,000 for the purchase of new textbooks and subscriptions to medical journals.
- 5.3 The College accounts also showed that the College's income had dropped by some S\$30,000, from S\$115,000 in 1996 to S\$80,000 in 1997. One reason has been due to the arrears in membership subscriptions. In some cases, this has accumulated over several years. Another reason has been a drop in the number of companies taking out advertisements in the College's journal due to their own budgetary constraints.
- 5.4 Dr Moti Vaswani asked whether the value of the stock of College ties was still valid.

- 5.5 President suggested and the House accepted that these ties should be written off as they have become out of date and design and they still bore the old College's name of College of General Practitioners Singapore.
- 5.6 President reported that a new College tie made of 100% silk and which will be available in three colours, has already been commissioned by the College to be launched at the 25<sup>th</sup> Anniversary Celebrations. Also, an orchid motif silk scarf has been commissioned to cater to the College's lady members.
- 5.7 Samples of the new ties were circulated to members in the House for their perusal.
- 5.8 Dr Moti Vaswani also queried the item "Advertisement on Annual Report" in section 12 (a) on page 17 of the College Accounts under "Miscellaneous Income".
- 5.9 President explained that that was an error. It should read "Advertisements in Journal".
- 5.10 Dr Tan See Leng proposed the acceptance of the College Accounts for the year ended 31 March 1997 to the House. This was seconded by Dr Yii Hee Seng.

# ITEM 6 ELECTION OF OFFICE BEARERS FOR THE 16<sup>TH</sup> COUNCIL (1997-1999)

6.0 The following doctors were elected as office bearers for the following positions:

**PRESIDENT** 

Proposer:

Seconder:

VICE PRESIDENT

Proposer: Seconder:

**CENSOR-IN-CHIEF** 

Proposer: Seconder:

HONORARY SECRETARY

Proposer: Seconder:

HONORARY TREASURER

Proposer: Seconder:

Dr Lim Lean Huat

Dr Lau Hong Choon

Dr Yii Hee Seng

Dr Alfred Loh Wee Tiong

Dr Alfred Loh Wee Tiong

Dr Yii Hee Seng

A/Prof Goh Lee Gan

Dr Alfred Loh Wee Tiong

Dr Yii Hee Seng

Dr Yii Hee Seng

Dr Alfred Loh Wee Tiong

Dr Lau Hong Choon

Dr Arthur Tan Chin Lock

Dr Yii Hee Seng

Dr Alfred Loh Wee Tiong

#### **COUNCIL MEMBERS**

Proposer:

Seconder:

Dr Richard Ng Mong Hoo

A/Prof Goh Lee Gan Dr Alfred Loh Wee Tiong

Dr David Lim Hock Kuang

Proposer: Seconder: Dr Yii Hee Seng Dr Lee Kheng Hock

Proposer:

Seconder:

Dr Lee Kheng Hock Dr Yii Hee Seng

Dr Lim Lean Huat

Proposer:

Seconder

Dr Soh Cheow Beng Dr Moti Vaswani

Dr Lim Lean Huat

Proposer:

Seconder:

Dr Tan Chee Beng\*

Dr Alfred Loh Wee Tiong A/Prof Goh Lee Gan

Dr Tan See Leng

Dr Arthur Tan Chin Lock Dr Alfred Loh Wee Tiong

Proposer: Seconder:

HONORARY EDITOR

By appointment

Dr Lau Hong Choon\*\*

- 6.1 In the absence of Dr Tan Chee Beng (\*) and Dr Lau Hong Choon (\*\*), who were both out of Singapore, President reported that both had written to inform the House that they give their consent to accept their respective offices should they be elected or appointed. The letters from Dr Tan and Dr Lau were read out to the House by President.
- The President presented the above names of the new 16<sup>th</sup> Council to the House. The House accepted and welcomed the new 16<sup>th</sup> Council of the College of Family 6.2 Physicians Singapore.

#### **ITEM 7 ELECTION OF FELLOWS**

7.1 Under Section 5 of the College Constitution, the Censor-in Chief proposed that the following doctors be elected as "Honorary Fellow of the College of Family Physicians Singapore" (FCFPS [Honorary]) for their contributions to the discipline of Family Medicine and/or the College:

Dr Kwa Soon Bee, former Director of Medical Services/Permanent Secretary (Health).

Dr Chen Ai Ju, DMS, Ministry of Health

Dr Lam Sian Lian, DDMS (Primary Health), Ministry of Health

7.2 The Censor-in Chief also proposed that the following doctors to be elected as "Fellow of the College of Family Physicians Singapore" (FCFPS):

Dr Cheong Pak Yean, President, Singapore Medical Association

Dr Ling Sing Lin, DDMS (Elderly Services), Ministry of Health

Dr Chan Nang Fong, Adjunct Senior Lecturer, Department of Community, Occupational and Family Medicine, NUS (under section 5c of the Constitution).

- 7.3 President explained that the above doctors would be conferred their Fellowships at the 25<sup>th</sup> Anniversary Dinner, before the Screenivasan Oration on 26 May 1997, which will be delivered by Dr Goran Sjonell, President of the World Organisation of Family Doctors (WONCA).
- 7.4 Dr Lee Kheng Hock suggested that doctors to be conferred Fellowship of the College should make an effort to attend the AGM. He remarked that out of the above six names, only one was present.
- 7.5 Dr Lee's point was accepted by the House, although such attendance was not a prerequisite of a Fellowship.
- 7.6 The House approved and accepted the Board of Censors' proposal that the above six doctors be conferred the respective Honorary Fellows and Fellows of the College.

#### ITEM 8 APPOINTMENT OF AUDITORS AND LEGAL ADVISORS

- **8.1** The House agreed to the re-appointment of Messrs V P Kumaran as auditors for the College.
- 8.2 The House agreed to the re-appointment of Mr Chan Swee Teck and Mr Lim Chor Pee as the legal advisors to the College.

#### ITEM 9 ANY OTHER BUSINESS

9.1 Dr Lawrence Ng informed the House that the term "specialty" has been defined in the Specialist Register.

- 9.2 In relation to College membership, Dr Moti Vaswani asked whether all MMed (Family Medicine) graduates should become College members.
- 9.3 A/Prof Goh Lee Gan informed the House that at each new intake of MMed (FM) trainee doctors, they are encouraged to become members of the College. There is no requirement as such for MMed (FM) candidates.
- 9.4 President informed the House that the College does make a point to invite all new graduates to a tea reception at the College where they are also encouraged to become College members.
- 9.5 Dr Soh Cheow Beng suggested to the House that there should be a "Grandfather Clause" for Diplomate holders who have practised for a specified number of years to be upgraded to "Fellows" in recognition of their efforts in the diploma exams.
- 9.6 The Censor-in-Chief acknowledged Dr Soh's comments, and informed the House that this would require further investigation by the Censors Board.
- 9.7 There being other matters, the meeting ended at 5.20 pm with a vote of thanks to the Chair.

Minutes prepared and recorded by Ms Yvonne Chung Administrative Manager

Minutes vetted by Dr Richard Ng Mong Hoo Honorary Secretary (16<sup>th</sup> Council 1997-1999)

#### REPORT OF THE SIXTEENTH COUNCIL

#### 1 APRIL 1997 TO 31 MARCH 1998

#### 1 The composition of the Sixteenth Council (1997-1999) was as follows:

#### 1.1 Council

President Dr Alfred Loh Wee Tiong

Vice-president Dr Lim Lean Huat Censor-in-Chief A/Prof Goh Lee Gan

Honorary Secretary
Honorary Treasurer
Council Members

Dr Richard Ng Mong Hoo\*
Dr Arthur Tan Chin Lock
Dr Soh Cheow Beng

Dr David Lim Hock Kuang

Dr Lee Kheng Hock Dr Tan Chee Beng Dr Tan See Leng Dr Kwan Yew Seng\*\*

Honorary Editor Dr Lau Hong Choon

#### 1.2 **Board of Censors**

Censor-in-Chief A/Prof Goh Lee Gan

Censors Dr Lim Lean Huat

Dr James Chang Ming Yu Dr Lim Kim Leong Dr Lau Hong Choon

#### 1.3 Secretariat

Administrative Manager Ms Yvonne Chung

Administrative Assistant Ms Katy Chan

Clerks (Temporary staff as and when required)

#### 1.4 **Auditors**

Messrs V P Kumaran & co

<sup>\*</sup>Dr Richard Ng Mong Hoo assumed office on 22 July 1997 after the resignation of Dr Yii Heng Seng (overseas posting) who was elected as Honorary Secretary at the 1997 Annual General Meeting on 11 May 1997.

<sup>\*\*</sup> Dr Kwan Yew Seng assumed office on 18 February 1998.

#### 1.5 Honorary Legal Advisors

Mr Chan Swee Teck Mr Lim Chor Pee

#### 1.6 Standing Committees

Six Standing Committees were formed to oversee the various activities of the College:

#### **Continuing Medical Education Committee**

Chairman
Ev Officia

Dr Richard Ng Mong Choo

Ex-Officio Secretary A/Prof Goh Lee Gan Dr Tan Chee Beng

Members

Dr Lau Hong Choon

Dr David Lim Hock Kuang

Librarian

Dr Gerard Low Mun Heng

#### **Undergraduate Teaching Committee**

Chairman

Dr David Lim Hock Kuang

Vice Chairman

Dr Lim Lean Huat

Members

Dr Hong Ching Ye

Dr Lawrence Ng Chee Lian

#### **Publications Committee**

Chairman

Administrative Editor

Section Editors

Dr Lau Hong Choon

Ms Yvonne Chung

A/Prof Goh Lee Gan

Dr Arthur Tan Chin Lock
Dr Lawrence Ng Chee Lian
Dr Paul Gob Soo Chye

Dr Paul Goh Soo Chye Dr Helen Leong Soh Sum Dr Tan Ngiap Chuan Dr Shirley Goh Choon Kee

Dr Siaw Tung Yeng

Section Assistants

Dr David Cheong

Dr Tock Sock Cheng

Dr Jonathan Phang Siung King

Editor: The College Mirror

**Editorial Assistant** 

Ms Yvonne Chung

Ms Katy Chan

#### **Finance Committee**

Chairman Ex-Officio Member Dr Arthur Tan Chin Lock Dr Alfred Loh Wee Tiong Dr Richard Ng Mong Hoo

#### **Research Committee**

Chairman Ex-Officio Secretary Members Dr Lee Kheng Hock A/Prof Goh Lee Gan Dr Loh Kok Chi Dr Choo Kay Wee Dr Shanta Emmanuel

Dr Angeline Chua Poh Gek Dr Antony Tam Wai Yan Dr Lawrence Ng Chee Lian

#### **Practice Management Committee**

Chairman Members Dr Tan See Leng Dr Philip Koh

Dr Wong Chiang Yin

#### 2 COLLEGE AND COUNCIL ACTIVITIES

- 2.1 <u>25<sup>th</sup> Anniversary Celebrations</u>, 6<sup>th</sup> Scientific Conference and 7<sup>th</sup> Meditech Exhibition
- 2.1.1 The College commemorated its 25<sup>th</sup> Anniversary and held the 6<sup>th</sup> Scientific Conference, 7<sup>th</sup> Meditech Exhibition and Screenivasan Oration on the weekend of 24 25 May 1997 (see separate report on page 51).
- 2.1.2 The theme of the conference was "Excellence in Family Medicine" and the College had the honour of having many distinguished guests and participants. Dr Aline Wong, Senior Minister of State for Health and Education officially graced the occasion by delivering the Opening Speech and Dr Charles Boelen, Chief Medical Officer, Educational Development of Human Resources for Health, World Health Organisation, delivered the Keynote Address entitled "The Five Star Doctor: An Asset to Health Care Reform".

- 2.1.3 The comprehensive Scientific Programme included practical hands-on clinical sessions. For the first time, a Public Forum on "Making Your Home Safe for Retirement and Old Age" and a Free Paper Presentation were also incorporated.
- 2.1.4 This year's 16<sup>th</sup> Screenivasan Oration, with its history of distinguished speakers, was delivered by Dr Goran Sjonell, President of the World Organisation of Family Doctors (WONCA) on the subject of "Organized Family Medicine-the Key Issue to Cost-Effective health Care".
- 2.1.5 To commemorate the 25<sup>th</sup> Anniversary, a special Stereophonic Stethoscope was commissioned as a souvenir for all participants. All pre-registered delegates were also invited to the 25<sup>th</sup> Anniversary Dinner held at the Shangri-La Hotel at no additional cost. The Guest of Honour was Dr Wong Heck Sing, former President of the College from 1973-1997. Each delegate was also given a copy of the special commemorative issue of the College journal *The Singapore Family Physician*, the cover of which was designed by Dr Gerard Koh Choon Huat to commemorate the Silver Anniversary.
- 2.1.6 The conference was a great success and saw the participation of over 3000 delegates, including representatives from Hong Kong, Japan, Macau, Myanmar, Sweden, and Switzerland. Special thanks have been extended to Dr Yii Hee Seng, Chairman of the Organising Committee, who together with the members of this committee and the staff of the Secretariat, worked unceasingly to ensure the success of yet another memorable milestone in the College's history.

#### 2.2 Family Medicine Training Course for Myanmar Doctors

- 2.2.1 Following the official visit and study tour to Myanmar in January 1997 on the invitation of the Myanmar Medical Association (MMA) and the General Practice Section of the MMA, the Singapore College was invited to assist in the development of a Family Medicine Training Programme for their local doctors.
- 2.2.2 A 'Train the Trainers Programme' was subsequently devised for a group of doctors who would form the core team of trainers in Myanmar. A delegation of five members of the MMA's General Practice Section came to Singapore to participate in the programme:

Dr Kyaw Myint President
Dr Tin Aye Vice President
Dr Myint Zaw Treasurer

Dr Sein Ni Secretary, Academic Committee Dr Ne Win Secretary, Research Committee

- 2.2.3 The theoretical part of the programme included topics on the role of the family doctor in providing primary, personal, comprehensive and continuing care; consultation tasks and skills required of the family doctor; and teaching methods in Family Medicine.
- 2.2.4 On-site visits were also arranged for the delegation of the College itself, the Ministry of Health, the Singapore Medical Association, a government polyclinic, a private single-handed practice and a private group practice.
- 2.2.5 As a grand finale, the Myanmar doctors joined other members of the College and participants at the 6<sup>th</sup> Scientific Conference, 7<sup>th</sup> Meditech Exhibition and 25<sup>th</sup> Anniversary Celebrations and Dinner on 24 and 25 May 1997.
- 2.2.6 The delegation's entire training programme, accommodation and registration for the conference were sponsored by the College.

#### 2.3 <u>Diabetes Training Course: 6, 13, 20 September 1997</u>

- 2.3.1 A training course for Family Physicians on "Taking Care of Your Diabetic Patient: an Advance Course for Family Physicians" was held on 6, 13 and 20 September 1997. This course was jointly organised by the College, the Ministry of Health and the Diabetic Society of Singapore and was attended by 50 participants, of which 15 were sponsored by the Ministry. This advance course incorporated the findings from the evaluation of earlier courses by the participants who attended them in 1991-1994.
- 2.3.2 Distinguished speakers and experts were invited to be part of the teaching faculty and the course was well received by those who attended it.
- 2.3.3 As part of a follow-up, an information pack containing the Ministry's Diabetic Guide for Patients and the Food Pyramid was distributed to the course participants on a complimentary basis.

# 2.4 <u>Handing Over Ceremony in Beijing of the translation of the WHO/WONCA Report, 22 November 1997</u>

- 2.4.1 As part of the College's contribution and continuing effort to support the development of academic organisations of general practitioners/family physicians, it undertook a project with the Chinese Society of General Practice in Beijing, by sponsoring S\$10,000 for the publication and translation into Chinese of a WHO/WONCA working paper: "Making Medical Practice and Education More Relevant to People's Needs: the Contribution of the Family Doctor".
- 2.4.2 The idea for the translation project was first conceived at the 14<sup>th</sup> World WONCA Conference in Hong Kong in 1995, when members of the

Singapore delegation met with their counterparts from the Chinese Society of General Practice. The translation was entirely carried out by members of both Colleges; special acknowledgement is duly accorded to Dr Wong Song Ung and Dr Yap Gim Hong for their untiring effort and painstaking attention to detail.

- 2.4.3 After much correspondence and proof-reading of the numerous drafts, 3000 copies of the report were printed in China. The official handing-over ceremony took place on 22 November 1997 in the Capital University of Medical Sciences, Beijing. Dr Alfred Loh, President and Dr Arthur Tan, Honorary Treasurer, officially represented the College at this memorable occasion.
- 2.4.4 The translated reports have been distributed to the Heads and Assistant Heads of the Medical Faculties and Teaching Departments of various universities throughout China.
- 2.4.5 In the true WONCA spirit, the College undertook this project with the aim of improving the quality of primary health care through the fostering and maintaining of high standards in general practice/family medicine.

## 2.5 2<sup>nd</sup> Annual Surgical Update for Family Practice, 17-18 January 1998

2.5.1 The 2<sup>nd</sup> Annual Surgical Update for Family Practice was held on 17-18 January 1998; the themes were: "Update on Breast Diseases" and "Update on Urology". The Guest of Honour was Dr Lam Sian Lian, Deputy Director of Medical Services (Public Health), who delivered the Opening Address. The conference was well received and attended by over 130 participants (including two doctors from Australia), and for the first time, the full write-ups from each speaker were published under the title "Compiled Lectures". The aim is to make this publication on a conference tool for doctors and will hopefully be the start of a series of compiled lectures on surgical topics. The publication was distributed to each delegate and also to all family physicians in Singapore post conference.

#### 2.6 Proposed Hands-On Minor Surgery Course

- 2.6.1 The Council has been in communication with the Royal College of General Practitioners, UK, to explore the possibility of conducting hands-on courses in office orthopeadics and minor surgical techniques.
- 2.6.2 On 5-10 February 1998, Dr Roger Kneebone, the chief trainer and principal coordinator of minor surgery courses for Family Physicians at the UK College met with the Council Members and the Teaching Faculty in General Surgery to discuss a proposed course that would suit the needs of our local doctors.

2.6.3 The College has long recognised the need for more skills-upgrading and practical hands-on courses for its members and believes that the way forward in Continuing Medical Education is the provision of well structured programmes which include a balance of hands-on practical teaching as well as didactic teaching.

## 2.7 <u>Proposed Diploma in Basic Ultrasonography (Obstetrics & Gynaecology) Course</u>

2.7.1 A joint committee comprising members of the College, the School of Postgraduate Medical Studies and the Department of Obstertrics and Gynaecology, National University Hospital, was set up to devise and finalise a programme on ultrasonography leading to the award of a Diploma in Basic Ultrasonography (Obstetrics & Gynaecology). The College intends to start the course in July 1998.

### 2.8 Advance Family Medicine Programme (AFMP)

- 2.8.1 A proposal for an Advance Family Medicine Programme (AFMP) leading to the award of the Fellow of College of Family Physicians Singapore, was submitted by the Board of Censors to the Council.
- 2.8.2 The AFMP will be a three year programme that parallels the corresponding training programmes in the other disciplines of medicine. The aim is to develop doctors who have completed the basic MMED (Family Medicine) degree or equivalent to be trainers and leaders in developing and promoting the discipline of Family Medicine further. The College intends to introduce the programme in July 1998.

#### 2.9 WONCA Activities

- 2.9.1 The 1997 WONCA Asia Pacific Regional Conference was held in Seoul, Korea on 30 August 3 September 1997, and was attended by a delegation from the College consisting of Dr Alfred Loh Wee Tiong, A/Prof Goh Lee Gan and Dr Kwan Yew Seng. The theme of the conference was "Family Medicine: Diversity and Harmony in the Evolving Era". Dr Kwan presented a paper on diabetes control in the Polyclinic.
- 2.9.2 A post-conference workshop was held on 4-6 September 1997. The theme was "Assessment of Clinical Competence and Performance" and A/Prof Goh Lee Gan was one of the three distinguished plenary speakers.
- 2.9.3 Dr Kwan Yew Seng's registration for the conference was sponsored by the College.

#### 2.10 Visitors to the College

During the year under review, the College had the pleasure of receiving distinguished local and overseas visitors:

#### 16 April 1997

Mr Koh Yong Guan Permanent Secretary (Health), Ministry of Health and Mr Eddie Teo, Chairman, Health Corporation of Singapore met Council Members for discussions on the role of the College in the provision of Continuing Medical Education.

#### 19-26 May 1997

Representatives of the Myanmar Medical Association General Practice Section met with Council Members to discuss the development of a Family Medicine Training Programme for doctors in Myanmar. They were:

Dr Kway MyingPresidentDr Tin AyeVice PresidentDr Sein NiSecretary, Academic CommitteeDr Ne WinSecretary, Research Committee

#### 24-25 May 1997

**Dr Charles Boelen**, Chief Medical Officer, Educational Development of Human Resources, World Health Organisation. To deliver the Keynote Address at the 6<sup>th</sup> Scientific Conference.

**Dr Goran Sjonell**, President, World Organization of Family Doctors (WONCA).

To deliver the 16<sup>th</sup> Screenivasan Oration and to attend the 6<sup>th</sup> Scientific Conference.

#### 26 June 1997

Mr Clive Stephens, Assistant Director, Centre for Continuing Education, University of Bath, UK.

To discuss the possibility of offering postgraduate distance learning courses in Sports Medicine and Primary Care Rheumatology.

#### 14 July 1997

A delegation of 21 doctors from various regions of Indonesia visited the College as part of a Technical Specialists Cooperation Programme organised by the Singapore International Foundation. Their aim was to find out more about the role and functions of the College in the context of Family Medicine/General Practice.

#### 29 September 1997

Professor Wes Fabb, Chief Executive Officer, World Organization of Family Doctors (WONCA).

External examiner for the MMed (Family Medicine) examinations.

**Professor Shatendra Gupta**, Head, Department of General Practice, Institute of Medicine, Tribhuvan University of Teaching Hospital, Kathmandu, Nepal.

To gain first hand experience in the College's role, function and activities in the provision of Continuing Medical Education, including the Family Medicine Teaching Programme.

To be an observer at the MMED (Family Medicine) Examinations.

**Dr M Nurul Islam**, President, Bangladesh College of General Practitioners, and Regional Vice President of WONCA, Middle East & South Asia Region

To gain first hand experience in the College's role, function and activities in the provision of Continuing Medical Education, including the Family Physicians in Singapore.

#### 5-10 February 1998

**Dr Roger Kneebone**, Royal College of General Practitioners, UK. To meet with Council Members to hold exploratory talks on a joint collaboration with the UK College to conduct a Minor Surgery Course for Family Physicians in Singapore.

#### 3 MEMBERSHIP

In the year under review, the membership strength was 699 as at 31 March 1998.

The distribution by membership type is shown below:

11
18
73
412
143
3
39
699

#### 4 BOARD OF CENSORS

The report by the Board of Censors follows this main report on page 29.

#### 5 ACTIVITIES OF STANDING COMMITTEES

The reports of the six Standing Committees follow this main report on pages 40–54.

#### 6 **ACKNOWLEDGEMENTS**

The Sixteenth Council places on record its thanks to all College Members who have contributed in one way or another to the success of the success of the past year's activities.

Special acknowledgement and thanks are given to Ms Yvonne Chung, the Administrative Manager, and her staff for the excellent and efficient administrative support give to the Council and members of the College.

DR RICHARD NG MONG HOO

Honorary Secretary 16<sup>th</sup> Council (1997-1999) College of Family Physicians Singapore MS YVONNE CHUNG

Administrative Manager College of Family Physicians Singapore

#### REPORT OF THE BOARD OF CENSORS

#### 1 APRIL 1996 TO 31 MARCH 1997

Censor-in-Chief

A/Prof Goh Lee Gan

Censors

Dr James Chang Ming Yu Dr Lau Hong Choon Dr Lim Kim Leong Dr Lim Lean Huat

#### 1 MEMBERSHIP

In the year under review the membership strength was 699 as at 31 March 1998. Of these 39 are retired members. The distribution by grade of membership for the four years are shown below:

Membership category	1995	1996	1997	1998
Honorary Fellows	8	8	8	11
Fellows	15	15	15	18
Diplomates	75	74	74	73
Ordinary Members	430	406	409	412
Associate Members	82	114	121	143
Overseas Members	5	5	31	3
Retired Members				39
Total	615	622	630	699

## 2 THE FIFTH MASTER IN MEDICINE (FAMILY MEDICINE) EXAMINATION

The Fifth MMed (Family Medicine) examination was held from 29 September to 4 October 1997. The external examiners were Professor Wesley Fabb, CEO, WONCA and Professor Stuart Murray, Professor of General Practice, University of Glasgow. Of the twenty six candidates who sat the Examination, 19 were successful. Their names are shown below:

Dr Chang You Liang

Dr Chong Phui-nah (Mdm)

Dr Doraisamy Gowri

Dr Khariu Bin Abdul Rahman

Dr Khemani Neeta Parshotam (Mrs)

Dr Leong Weng Sun, Vincent

Dr Lim Fong Seng

Dr Lo Kit Leong

Dr Low Sze Sen

Dr Ng Chyi Yoke (Miss)

Dr Sim Choon Seng

Dr Soh Hon Beng, Lawrence

Dr Tan Cheng Chwee, Lawrence

Dr Tan Yu Sing, Lucienne (Mrs)

Dr Wong See Hong

DI Wong Bee Hor

Dr Doraisamy Gowri who scored the highest overall marks and reached distinction is awarded the College of Family Physicians, Singapore Gold Medal.

#### 3 ADVANCE FAMILY MEDICINE PROGRAMME

The College Council will be launching its Advance Family Medicine Programme in July this year. This is a three-year programme that aims to develop holders of the MMed (FM) degree or equivalent to be trainers and leaders in the discipline of Family Medicine. It is both a clinical and academic programme. On satisfactory completion, the participant will be awarded the Fellowship of the College of Family Physicians, Singapore (FCFPS). This Programme has been under discussion for several years now but it has not yet been implemented because of the need to work out the programme philosophy and training details. It is now ready for launch this year.

#### Need for advance training in family medicine

There is a need to further enhance significantly the knowledge and skills of a small number of MMed (FM) postgraduate doctors so that they can spearhead the taking of Family Medicine into the next century. These are the trainers of future generations of family physicians. We intend that for a start some 5% to 10% of each cohort to be in this category. Without additional training, they will not be in the position nor be regarded by their peers as leaders in Family Medicine. This can be achieved through the proposed Advance Family Medicine Programme (AFMP).

A second reason for advance training in Family Medicine is the need to plan the career paths of polyclinic doctors with MMed (FM) qualifications.

#### **Concept of AFMP**

The AFMP is organised into 5 areas of training. The first three cover the core areas of practice of Family Medicine, teaching skills and research methodology skills. In addition, the advance trainee will spend part of his training in ONE clinical and /or academic special interest area based on a defined programme of study and practice. The advance trainee can choose the level of competence that he wishes to achieve. The first level is the general standard set by the Censors' Board, the second level is the Postgraduate diploma level and beyond. Some advance trainees may wish to have exposure to hospital postings or consider training in geriatric medicine or general internal medicine. These will also be considered by the Censors' Board. Finally, the advance trainee should have participation in at least one of the following activities: community service, voluntary service, membership and activities in professional organisations. The detailed programme is described in the Annex.

Those intending to be advance trainees in Family Medicine will have to register with the College, and have their programme for the special interest area approved by the Censors' Board prior to commencement of training.

Assessment of training and the exit interview will be conducted by the College. The successful candidate will be awarded the Fellow of the College of Family Physicians Singapore (FCFPS).

#### Organisation responsible for AFMP

The tripartite spirit of participation and support by the Ministry of Health, the University and the College has been a critical success factor in the development and implementation of the Family Medicine Teaching Programme. The College looks forward to the continuing support and participation in the Advance Family Medicine Programme.

The College will be responsible for the planning and administration of the AFMP. The College will invite staff from the Ministry of Health and the University to assist in parts of the training programme.

#### **Intake for 1998 and 1998**

The College will invite eligible postgraduate family doctors to apply. Twelve training positions have been planned for the 1998 and 1999 intakes.

#### ASSOCIATE PROFESSOR GOH LEE GAN

Censor-in-Chief College of Family Physicians Singapore

#### ANNEX TO REPORT OF THE BOARD OF CENSORS

PROPOSED ADVANCE FAMILY MEDICINE PROGRAMME (AFMP) LEADING TO THE AWARD OF THE FELLOW OF COLLEGE OF FAMILY PHYSICIANS, SINGAPORE (FCFPS)

#### **OUTLINE**

- Introduction
- Objectives
- Entry requirement
- Duration of programme
- Assessment
- Training syllabus

#### INTRODUCTION

The Advance Family Medicine Programme (AFMP) will be inaugurated in July 1998. This is a three-year programme that aims to develop holders of the MMed (FM) degree or equivalent to be trainers and leaders in the discipline of Family Medicine. It is both a clinical and academic programme. On satisfactory completion, the participant will be awarded the Fellowship of the College of Family Physicians, Singapore (FCFPS).

## OBJECTIVE AND AIMS OF THE ADVANCE FAMILY MEDICINE PROGRAMME

The overall objective of the Advance Family Medicine Programme is the development of a clinically oriented practitioner and teacher.

On completion of the training programme, the advance trainee will:

- have honed the skills of professional development to be a role model in the practice of Family Medicine.
- be able to participate actively in and conduct a training programme in Family Medicine either as a trainer or an assistant trainer.
- Be able to conduct Family Medicine research and lead in research development in Family Medicine
- Have developed one or more special interest areas

#### **ENTRY REQUIREMENTS**

The entry requirements into the AFMP are:

• be a College member

- Be a holder of the MMed (Family Medicine), the MCGP(Singapore) or equivalent; the acceptance of the equivalent qualifications has to be approved by the Censors' Board. College Fellows who were given their Honorary Fellowships are welcome to participate in the College Fellowship by Assessment Programme
- Be in active clinical practice
- Be of sound professional and personal character
- Has embarked on personal professional development, and training or research activities related to Family Medicine
- Has rendered service to the profession in teaching and participation in committee work or voluntary service to the community

#### **DURATION OF PROGRAMME**

The programme is normally 3 years in duration. Applicants who have fulfilled portions of the training activities described below may apply for accreditation up to a year for these activities. Trainees who are unable to complete their training in one stretch may apply to the Censors' Board for the completed training to be accredited for future use. The maximum duration allowed for completion of the programme is 6 years.

#### ASSESSMENT OF TRAINING

The formative assessment of the training will be assessed by:

- The maintenance of log book of learning and practice activities which has to be submitted six-monthly for review by the Censors' Board
- Evidence of self-directed learning and satisfactory completion of relevant assignments
- Performance report from his supervisor six-monthly

The award of the Fellowship will be based on a summative assessment of the following:

- Performance reports of the supervisor
- Performance in the practice, teaching and research components of the advanced training programme.
- Interview with the Censors' Board covering aspects of practice, teaching and research. The latter will include a discussion of the dissertation

#### TRAINING SYLLABUS

#### 1 PRACTICE OF FAMILY MEDICINE

#### 1A PORTFOLIO-BASED LEARNING

Family Medicine is a clinical discipline and there is a need to be updated in the practice of General Family Medicine. One way of learning is through portfolio-based learning. In this strategy of learning, a doctor collects "items" of learning in the course of his practice, files them away for attention later on as learning material or for sharing with his colleagues.

The Advance Family Medicine Trainee has to demonstrate evidence of such portfolio learning in his logbook. It is expected the advance trainee will fulfill his yearly CME requirements. A reflective diary is kept on the learning progress and this is submitted six-monthly to the supervisor.

The following is the syllabus for this part of the programme

#### 1A1 CARE OF CHRONIC MEDICAL CONDITIONS

Hypertension, diabetes mellitus, bronchial asthma, coronary heart disease, arthritis, stroke, Parkinson's disease and multi-system disease

#### 1A2 CHILD AND ADOLESCENT HEALTH

- Acute medical problems
- Emergency care
- Chronic medical problems
- Disease prevention and health promotion
- Adolescent issues
- Ethical and social issues

## 1A3 ADULT HEALTH INCLUDING ISSUES OF WORK AND TRAVEL

- Acute medical problems
- Emergency care
- Chronic medical problems eg. Hypertension, diabetes mellitus, bronchial asthma and multi-system disease
- Disease prevention and health promotion
- Occupational issues
- Travel medicine
- Ethical and social issues

#### 1A4 WOMEN'S HEALTH

- Acute medical problems
- Emergency care
- Chronic medical problems
- Disease prevention and health promotion
- Issues in women's health
- Ethical and social issues

#### 1A5 ELDERLY HEALTH

- The giants of geriatrics iatrogenic problems (from polypharmacy), instability (resulting in falls and disability), incontinence and intellectual failure (from Alzheimer's disease and vascular dementia)
- Acute medical problems a typical presentation and the need for aggressive management
- Emergency care

- Chronic medical problems diabetes mellitus, hypertension, stroke, Parkinson's disease, chronic lung disease, heart disease, rheumatic disorders
- Disease prevention and health promotion
- Ethical and social issues

#### 1B SKILLS TRAINING COURSES

Skills training is conducted as short courses each of which has three components: readings, assignments to test mastery of content, and application and training workshops. The level of competence aimed at is to be able to practice and teach it. There are 2 blocks of courses related to the practice of Family Medicine, at least one to be taken each year.

#### DISTANCE EDUCATION PROGRAMME (DEP) BLOCK 1

## 1B1 FAMILY MEDICINE PRINCIPLES & CONCEPTS ADVANCE COURSE

- Personal, primary, continuing and comprehensive care
- The individual, the family and the community
- Focus on prevention
- Models of family medicine consultation
- Patient centred care; ideas, concerns and expectations of the patient; doctor-patient boundaries
- Problem solving in Family Medicine
- The difficult patient
- Balint's group; counselling and brief psychotherapy

## 1B2 CONSULTATION SKILLS DEVELOPMENT ADVANCE COURSE

- Essential consultation skills revisited (interpersonal skills in communication, negotiation, conflict management and motivation)
- Patient centred consultation
- Difficult patients
- Essential counselling techniques
- Video and roleplay in consultation skills development

#### 1B3 PROBLEM SOLVING SKILLS DEVELOPMENT COURSE

- Clinical problem and decision making skills
- Case analysis
- Ambulatory care round

# DISTANCE EDUCATION PROGRAMME (DEP) BLOCK 4

#### 1B4 PRACTICE MANAGEMENT ADVANCE COURSE

- General ethical and legal aspects and issues in practice management
- General management skills in planning, organising, leading and control
- Health economics and health financing systems
- Record keeping, information management
- Use of information technology in the practice clinic management software, internet search and surfing
- Quality assurance and audit concepts
- Total quality management and ISO concepts
- Audit project
- Setting up and maintaining the practice

# 1B5 COURSE ON OFFICE PROCEDURE AND SURGERY SKILLS

- Basic procedure skills venepuncture, injection techniques, ear syringing, removal of superficial foreign body
- Basic surgical skills I & D, skin repair and minor surgery, avulsion of nail, excision of superficial lumps
- Advanced surgical skills (optional) haemorrhoid surgery, circumcision, fine-needle aspiration biopsy

### 2 TEACHING SKILLS

#### 2A ON-THE-JOB TRAINING

# 2A1 TRAINER AND ASSISTANT TRAINER TEACHING ACTIVITIES

The workload is 50% of the tutorials a year for two years. A training diary and trainee activities log is kept. A reflective diary is kept on the learning progress and this is submitted six-monthly to the supervisor

#### 2A2 WORKSHOP AND SEMINAR ORGANISATION

Teaching skills development through workshop and seminar organisation, chairing and proceedings writing in at least one activity a year.

#### 2A3 TRAINERS' JOURNAL CLUB ACTIVITIES

Be involved on organising two sessions a year.

#### 2B SKILLS TRAINING COURSES

# DISTANCE EDUCATION PROGRAMME (DEP) BLOCK 2

# 2B1 FAMILY MEDICINE TEACHING METHODOLOGY COURSE PART 1

- Teaching theories and philosophy the adult learning process, portfolio-based learning, managing the learner
- Clinical teaching
- Presentation skills
- Reflection

# 2B2 FAMILY MEDICINE TEACHING METHODOLOGY . COURSE PART 2

- Cirriculum planning aims, objectives, syllabus development, use of appropriate teaching methods, timetabling and teaching resource planning
- Formative assessment (following the learner's progress and feedback)
- Summative assessment (certification)

# 3 RESEARCH METHODOLOGY

### 3A RESEARCH METHODOLOGY

### DISTANCE EDUCATION PROGRAMME (DEP) BLOCK 3

### 3A1 RESEARCH METHODOLOGY COURSE PART 1

One short course together with hands-on and workshop experiential learning will be organised to cover the following:

- Clinical epidemiology principles and concepts
- Types of studies
- Research hypothesis: answerable and unanswerable questions
- Literature search
- Evidence based medicine framework (Level I, II and III evidence)
- Critical appraisal of the literature

# 3A2 RESEARCH METHODOLOGY COURSE PART 2

One short course together with hands-on and workshop experiential learning will be organised to cover the following:

- Research designs
- The research questionnaire
- Data collection and data entry
- Data analysis and statistical methods
- Tabular and graphic presentation of data
- Writing the research paper
- Dissertation

# 3B RESEARCH SKILLS DEVELOPMENT

# 3B1 LITERATURE SEARCH AND REVIEW

Conduct one literature search on a topic in the special interest area and complete a supervised review paper. The level of competence is a review paper in the journal *Australian Family Physicians*.

#### 3B2 AUDIT PROJECT

Conduct one clinic audit activity and write a report giving conclusions and recommendations following the audit.

#### 3B3 DISSERTATION

Complete a supervised study on a special interest area and submission of a dissertation. This will be graded by the supervisor, internal examiner and external examiner. The publication of papers related to the dissertation in peer reviewed journals is encouraged.

# 4 SPECIAL INTEREST AREA DEVELOPMENT PROGRAMME (HMDP, LOCAL PROGRAMMES)

The Advance Trainee will spend part of his training in ONE clinical and / or academic special interest area based on a defined programme of study and practice. The Advance Trainee can choose the level of competence that he wishes to achieve. The first level is the General Family Medicine interest area which is defined by the Censors' Board. The second level is the Postgraduate diploma level and beyond. Some Advance Trainees may wish to have exposure to hospital postings or consider training in geriatric medicine or general internal medicine. These will also be considered by the Censors' Board, which will make arrangements for such training with the appropriate bodies.

# **Clinical Special Interest Areas**

- General Family Medicine
- Geriatric Medicine
- Counselling and care

### **Academic Special Interest Areas**

- Medicine education in General Family Medicine
- Research in General Family Practice
- Practice management
- Health care management

# 5 OTHER ACTIVITIES

The Advance Trainee should have participation in at least one of the following activities. A reflective diary is kept on the learning progress and this is submitted six-monthly to the supervisor.

- Community service
- Voluntary service
- Membership and activities in professional and academic organisations

# REPORT OF THE CONTINUING MEDICAL EDUCATION COMMITTEE

#### 1 APRIL 1997 TO 31 MARCH 1998

Chairman

Dr Richard Ng Mong Hoo

Secretary Ex-Officio

Members

Dr Tan Chee Beng A/Prof Goh Lee Gan Dr Lau Hong Choon

Dr David Lim Hock Kuang

Librarian

Dr Gerard Low

# **COURSES AND CONFERENCES**

#### **Diabetes Training Course**

A training course on "Taking Care of Your Diabetic Patient: an Advance Course for Family Physicians" was organised on 6, 13 & 20 September 1997.

This course was jointly organised by the College, the Ministry of Health and the Diabetic Society of Singapore. Fifty participants attended the course of which fifteen were sponsored by the Ministry.

Distinguished speakers and experts were invited to share their expertise and the course was well received by those who attended it.

From the feedback received from the course participants, an information pack containing the Ministry's *Diabetic Guide for Patients* and the *Food Pyramid* was distributed to them on a complimentary basis.

# 2<sup>nd</sup> Annual Surgical Update for Family Practice

The 2<sup>nd</sup> Annual Surgical for Family Practice was held on 17-18 January 1998 at the Regent Hotel. The themes were: *Update on Breast Diseases and Update on Urology*.

The College had the pleasure of having Dr Lam Sian Lian, Deputy Director of Medical Services (Public Health) as the Guest of Honour. She delivered the Opening Address.

The conference was well received and attended by over 130 participants, including two overseas delegates from Australia. For the first time, the full write-ups from each speaker were published under the title: "Compiled Lectures". The aim is to make this publication a reference tool for doctors and will hopefully be the start of a series of compiled lectures on surgical topics. This publication was distributed to each delegate and to all Family Physicians in Singapore post conference.

# SEMINARS / SYMPOSIA NOMINALLY SPONSORED BY THE COLLEGE

11/7/97	New Concept in the Screening and Secondary Prevention of Cardiovascular Dysfunction From Hypertension to heart Failure
12/7/97	Living with Gynaecological Cancers: Making it Easier for Patients Department of Gynaecologic Oncology & Urogynaecology, KK Women's & Children's Hospital
13/7/97	Clinical Ophthalmology Course for the Family Physician. Department of Opthalmology, Tan Tock Seng Hospital
19/7/97	Practical Course in Urology Singapore Urological Association
18/10/97 & 19/10/97	Minimising the Trauma of Gynaecological Surgery Updates on Practical Obstetrics & Gynaecology KK Women's & Children's Hospital

### **COLLEGE LIBRARY**

Four new journal subscriptions were added to the College's collection for reference purposes:

BMJ (Overseas edition)
The Hospital Doctor
The Lancet
New England Medical Journal

### **ACKNOWLEDGEMENTS**

I wish to thank all members of the CME Committee, members of the Teaching Faculties for the various courses and all the delegates for their support and participation.

# DR RICHARD NG MONG HOO

Chairman
Continuing Medical Education Committee
College of Family Physicians Singapore

# REPORT ON THE FAMILY MEDICINE TEACHING PROGRAMME

# 1 APRIL 1997 TO 31 MARCH 1998

The Family Medicine Teaching Programme is a modular course conducted on Saturday afternoons. One module consists of 8 sessions conducted over 3 months. Four modules are conducted in a year. These modules are part of the requirements of the MMed (Family Medicine) degree.

In the year under review, 92-104 doctors attended the Family Medicine Teaching Programme in 1997/1998. Four modules of the Family Medicine Teaching Programme were conducted in the period from 5 April 1997 to 16 may 1998. The attendance figures and the topics covered in the modular course are shown below.

MODULE	PERIOD	FAMILY PHYSICIANS	PPS TRAINEES	MOH TRAINEES	TOTAL
F	5 A 07 11 Jun 07	19	7	78	104
5	5 Apr 97 - 11 Jun 97	21	1	72	97
6	19 Jul 97 - 13 Sep 97	12	11	72	96
7	10 Jan 98 - 7 Mar 98	13	11	72	92
8	21 Mar 98 - 16 May 98	12	8	12	72

<b>M(</b> a. b. c.	ODULE 5 Community, Family and Patient Skin Diseases, STD and AIDS Practice Issues	(4 sessions) (3 sessions) (1 session)
a. b. c.	ODULE 6 The Adult Patient Rheumatic, Bone and Joint Disorders Setting Up Practice	(4 sessions) (3 sessions) (1 session)
M a. b. c.	ODULE 7 The Gynaecological Patient Neurological, Eye and ENT Disorders Financial Management	(4 sessions) (3 sessions) (1 session)
M a. b.	The Pregnant Patient Endocrine, Metabolic and Nutritional Disorders Quality Assurance	(4 sessions) (3 sessions) (1 session)

Thanks are due to the chairmen and speakers for their contributions in the teaching programme. Thanks are also due to Ms Yvonne Chung, Katy Chan and Belinda Fok for their administrative and secretarial support.

# ASSOCIATE PROFESSOR GOH LEE GAN

Course Director Family Medicine Teaching Programme College of Family Physicians Singapore

# REPORT OF THE UNDERGRADUATE TEACHING COMMITTEE

#### 1 APRIL 1997 TO 31 MARCH 1998

Chairman

Dr David Lim Hock Kuang

Ex-Officio Members

Dr Lim Lean Huat Dr Hong Ching Ye

Dr Lawrence Ng Chee Lian

The Committee co-organised the following activities with the Department of Community, Occupational and Family Medicine (COFM) of the National University of Singapore:

#### 1) COMMUNICATION WITH THE PATIENTS MODULE 1997

The following Family Medicine tutors taught second year medical students at their clinics as well as teaching sessions at the National University of Singapore:-

- Dr F Alsogoff 1)
- 2) Dr Lau Waun Kei
- Dr Khoo Kah Bin 3)
- Dr David Lim 4)
- Dr Jason Yap 5)
- Dr Winston Hwang 6)
- Dr Ajith Damodaran 7)
- Dr Robin Elizabeth Twoh 8)

#### GENERAL PRACTITIONER TUTORS FOR FAMILY MEDICINE 2) **POSTING AT CLINICS**

The following Family Physicians / General Practice Tutors took in third year medical students for a one week attachment at their clinics in January 1997.

Dr Ajith Damodaran

Dr Bina Kurup

Dr Chan Cheow Ju

Dr Chan Swee Mong Paul

Dr Cheong Pak Yean

Dr Chiong Peck-Koon Gabriel

Dr Chok Ching Chay

Dr Chua Hua Eng Daniel / Dr Yap Lee

Dr Goh King Hua

Dr Hia Kwee Yang

Dr Hwang Teng Ben Winston

Dr Kan Siew Yoong

Dr Koh Eng Kheng / Dr Kelvin Koh

Dr Low Chee Wah mark

Dr Low Kee Hwa

Dr Low Mun Heng Gerard

Dr Lu Mark

Dr Mao Fong Hao

Dr N K Virabhak

Dr Neo Eak Chan

Dr Ng Mong Hoo Richard

Dr Ng Matthew

Dr Omar B Saleh Talib

Dr Pang Sze Kang Jonathan

Dr Soh Cheow Beng Aloysius

Dr Tan Chooi Chooi

Dr Kwek Soon Kiat Eric

Dr Lee Hew Mun John

Dr Lee Kheng Hock

Dr Lim Erk Meng

Dr Lim Geok Leong

Dr Lim Kim Leong

Dr Lim Lean Huat

Dr Lim Lee Kiang Julian

Dr Lim Priscilla

Dr Lim Hock Kuang David

Dr Lim Jit Biaw Benny

Dr Lim Khai Liang

Dr Loh Wee Tiong Alfred

Dr Lok Yin Fang

Dr Loo Choo Woon

Dr Loo Choon Yong

Dr Lim Jit Biaw Benny

Dr Tan Gek Hua

Dr Tan See Leng

Dr Tan Swee Lian Cecilia

Dr Tan Teck Hong

Dr Tan Tze Lee

Dr Wong Kum Hoong

Dr Wong Ming

Dr Wong See Hong

Dr Wong Wee Nam

Dr Tan Yu Sing

Dr Thio Bernard

Dr Wee Sip Leong Victor

Dr Wong Weng Yew

Dr Yap Soo Kor Henry

Dr Yeo Peng Hock Henry

Dr Yu Wai Hong

# 3) GENERAL PRACTITIONER POSTINGS, BRIEFINGS AND FEEDBACK / DISCUSSION

A feedback session on the 1997 General Practitioner Family Medicine discussion on Teaching Strategies was conducted at the Department of Community, Occupational and Family Medicine on 10 January 1998. A large number of Family Medicine Tutors turned up and there was good interaction followed by a lively discussion on various teaching strategies.

In conclusion, on behalf of the Committee, I would like to thank all Family Medicine Practitioners for their hard work and sacrificing their time to make this whole programme a success every year.

# DR DAVID LIM HOCK KUANG

Chairman

Undergraduate Teaching Committee
College of Family Physicians Singapore

# REPORT OF THE RESEARCH AND INFORMATION COMMITTEE

# 1 APRIL 1997 TO 31 MARCH 1998

Chairman Ex-Officio Secretary Members Dr Lee Kheng Hock A/Prof Goh lee Gan Dr Loh Kok Chi Dr Choo Kay Wee Dr S C Emmanuel

Dr Angeline Chua Poh Gek Dr Antony Tam Wai Yan Dr Lawrence Ng Chee Lian

The Research and Information Committee has been involved in the following activities in the year under review:

- 1. A study on the dietary habits of Singapore children up to the age of 24 months was carried out with the assistance of consultant dieticians. A total of 400 mothers and their children were studied. The project is currently in the data analysis stage.
- 2. After considering many options and discussions with various web-page design companies. It was decided that the college should engage the Medical Informatics Programme (HIP) of the National University of Singapore to design and maintain its web-page. The contents of the web-site would include an introduction to the College and the Constitution as well as a short write-up of the history of the College. An on-line CME programme would also be launched. We hope to be able to implement an electronic scoring system where CME points would be accredited to participants. If the pilot programme is successful, we may consider holding on-line courses for local as well as regional participants.
- 3. The College has been invited to participate in a study on Family Physician clinics by the Productivity and Standards Board and the National Computer Board. The study would look into the productivity and practice management aspects of clinics as well as the level of information technology usage by Family Physicians. The discussion is still on going and we will proceed if we are assured that the study would benefit our members as well as the community.
- 4. The College is participating in a study on Diabetes care together with the Diabetic Society of Singapore. The study is modelled on the DIABCARE Europe study. The study measures the progress in management and the prevalence of complications. The study will form part of an international survey in the Asia Pacific region including countries such as China, Vietnam, Malaysia, Philippines, Thailand and Indonesia. A total of 5000 cases will be studied in Singapore. Other participating centres include 5 government and restructured hospitals, 16 polyclinics and specialists in private practice.

- 5. The College is represented in the Healthcare Informatics Workgroup (HIW) of the National Computer Board. The HIW is tasked to develop a longitudinal medical records system which is compatible with all levels of health care delivery in Singapore.
- 6. A major pharmaceutical company is studying the feasability of conducting drug trials in Singapore. It is envisaged that such trials would be phase III trials which involve randomised clinical trials conducted by Family Physicians clinics here. The College has been consulted on how such a trial could be conducted here. Conducting drug trials at primary care clinics is an emergent trend in developed countries. Randomised drug trials conducted by a network of research clinics accredited with the College may be a new feature of Family Medicine research in the near future.

#### DR LEE KHENG HOCK

Chairman Research and Information Committee College of Family Physicians Singapore

# REPORT FROM THE PUBLICATIONS COMMITTEE

### 1 APRIL 1997 TO 31 MARCH 1998

Honorary Editor & Chairman Administrative Editor

Section Editors

Section Assistants

Dr Lau Hong Choon Ms Yvonne Chung A/Prof Goh Lee Gan Dr Arthur Tan Chin Lock Dr Lawrence Ng Chee Lian Dr Paul Goh Soo Chye Dr Helen Leong Soh Sum

Dr Tan Ngiap Chuan Dr Shirley Goh Choon Kee Dr Siaw Tung Yeng

Dr David Cheong Dr Tok Sock Cheng

Dr Jonathan Phang Siung King

Ms Yvonne Chung College Mirror Editor Ms Katy Chan **Editorial Assistant** 

We owe it to the illustrious pioneers of this College who gave us both the College and the Journal. The College motto is "Cum Scientia Caritas" so the journal aspires to be just that - a scientific journal in the art of Family Medicine. It would not be in keeping with tradition if we do not progress on, hence the changes in the journal.

The new Publications Committee has been expanded with Section Editors for different sections of the journal. The journal also has a new attractive cover that incorporates the historical aspects of the College - the pillars of the College of Medicine building in the background with the list of contents in front, a change in colour and new standard A4 size pages. Each page is formatted with title of the section on the top left hand corner and the title of the journal on the top right hand corner. This is in keeping with international reference journals so that the reader will, at a glance, know what section the article belongs to and in cases of photocopies, the title of the journal. The Contents Page on the cover serves a quick reference so that one can scan through titles without searching for the pages.

The conscious mission and purpose of the committee is to produce a journal for Family Physicians and the General Practice community; not a WYSIWYG hotchpotch of unrelated articles (WYSIWYG is my acronym of "what you see is what you get"). The different sections of the journal was conceived to give a thematic direction to the journal to include the slant of articles that the committee feels is desirable and yet to have leeway to accommodate good useful articles. As a vehicle for Continuing Medical Education, we have the responsibility to provide Family Physicians with journal articles that reflect current and useful Family Medicine practice. Hence the various sections: Original Articles, Invited Articles, Tutorials in Family Practice, the Surgical Page, Journal Club, Health Systems, Therapeutics in General Practice, were all planned with this intent in mind. The Publications Committee realises that articles do not always drop from the sky (although sometimes they do drop into our mailbox). Section Editors do have to source for the right article for our members.

The longterm objective is to make *The Singapore Family Physician* a peer review journal with greater breadth and depth. This is in keeping with the training of Family Physicians, with more family doctors in the public and private sectors having postgraduate qualifications in Family Medicine and with more members becoming better informed about state of the art changes in medicine and surgery. The journal also serves as a media for news, announcements and communication through the inclusion of the college newsletter - *The College Mirror*. Beyond science is the news and bulletin board, the College Mirror was conceived as a media to keep members informed about College activities and is printed in full colour. There was another down-to-earth reason for combining it with *The Singapore Family Physician*; having two in one saves printing costs, labour and time.

We are in the process of making the journal more up-to-date in terms of publications and the next phase is to have it published on INTERNET. This is still at the discussion stage. The journal will then not only be a local journal but truly accessible anywhere in the world. The Publication Committee's vision is that the journal will be a successful resource, a utility that caters to the practice, academic and information needs of our members in a timely and appropriate manner.

DR LAU HONG CHOON

Honorary Editor & Chairman Publications Committee College of Family Physicians Singapore

# REPORT OF THE PRACTICE MANAGEMENT COMMITTEE

#### 1 APRIL 1997 TO 31 MARCH 1998

Chairman Members Dr Tan See Leng Dr Philip Koh Dr Wong Chiang Yin

The year saw an eventful start with the appointment of the Chairman to head a Protem Committee to set up a joint committee between the College of Family Physicians Singapore, the National University of Singapore O & G Department and the School of Postgraduate Medical Studies to develop a basic Diploma in Ultrasonography (O & G) course.

Numerous meetings and discussions were held to thrash out the intricate course details and fees structures. We hope to launch this Diploma course in mid 1998.

The Medical Standards and Technology Board under the auspices of the Productive and Standards Board held in meetings in March and the next meeting is scheduled in July 1998.

The highlight of the term of the office is the unanimous decision undertaken by the present Council to bid for the 17<sup>th</sup> WONCA World Conference to be held in Singapore in the year 2004. This bid will be made at the 15<sup>th</sup> WONCA World Conference in Ireland in June 1998.

The Chairman has been appointed to present the bid and chair the Organising Committee if the bid is successful.

DR TAN SEE LENG

Chairman
Practice Management Committee
College of Family Physicians Singapore

# REPORT OF THE $6^{TH}$ SCIENTIFIC CONFERENCE AND $7^{TH}$ MEDITECH EXHIBITION

#### 1 APRIL 1997 to 31 MARCH 1998

#### **Conference Organising Committee**

Chairman Dr Yii Hee Seng

Secretary Dr Arthur Tan Chin Lock
Treasurer Dr Richard Ng Mong Hoo

Scientific Programme Committee A/Prof Goh Lee Gan

Dr Bina Kurup Dr Lau Hong Choon

Exhibition Committee Dr Paul Chan Swee Mong

Dr David Lim Hock Kuang

Public Forum Dr Lau Hong Choon Publications Dr Hong Ching Ye

Ex-Officio Dr Alfred Loh Wee Tiong

Conference Co-ordinator Ms Yvonne Chung Secretariat staff Ms Katy Chan

The College held its 6th Scientific Conference & 7th Meditech Exhibition on 24-25 May 1997 in conjunction with celebrating its 25<sup>th</sup> Anniversary.

The theme of the conference was "Excellence in Family Medicine" and the College had the honour of having many distinguished guests and participants. Dr Aline Wong, Senior Minister of State for Health and Education officially graced the occasion by delivering the opening speech. Dr Charles Boelen, Chief Medical Officer, Educational Development of Human Resources for Health, World Health Organization, delivered the Keynote Address entitled "The Five Star Doctor: An Asset to Health Care Reform".

This year's Scientific Conference and Meditech Exhibition marked a new milestone in the history of the College. In keeping with the College's aim of continually developing, enhancing and contributing to the discipline of Family Medicine, the comprehensive scientific programme moved away from the usual didactic lectures and seminars to include for the first time, practical hands-on workshops in ultrasonography, dermatology and clinic orthopeadic and minor surgical techniques. The College specially purchased life-like intelligent anatomical synthetic tissue models from the UK which have been designed to enhance the teaching of such practical procedures.

With distinguished speakers of the highest calibre, national and international acclaim, the various symposia and workshops were overwhelmingly popular and successful. This positive response confirms the College's belief that the way forward in Continuing Medical Education is to provide well structured programmes that incorporate a balance of hands-on practical as well as didactic teaching.

Other new features were also incorporated into the conference for the first time. A Public Forum on "Making Your Home Safe for Retirement and Old Age" was organised as part of the College's contribution to the community. It was an appropriate time to discuss the topic in view of the demographic trends in Singapore. Bringing such issues to the forefront of discussion highlighted aspects of preventive medicine for the elderly that is often forgotten.

A Free Paper Session was also included in the programme. Research awards of S\$1000 and S\$500 sponsored by Merck Sharp & Dohme, were given to the best and second best research papers respectively. The winner was Dr Kwan Yew Seng who presented a paper on: "Assessment of Diabetes Control and Complications in Patients Seen in One Government Clinic". The runner-up award went to Dr Lim Hui Chuan whose paper was entitled: "Why do Patients Complain? A Primary Health Care Study".

The 7<sup>th</sup> Meditech Exhibition saw a wide spectrum of companies from the medical trade industries taking part and joining us in the celebrations.

To commemorate the 25th Anniversary, a special Stereophonic Stethoscope (worth \$285.00) was commissioned as a souvenir for all participants in the conference. The College wanted all participants to celebrate the special occasion together, hence all preregistered delegates were invited to the 25<sup>th</sup> Anniversary Dinner at the Shangri-La Hotel at no additional cost. Dr Wong Heck Sing, Past President and Founding Member of the College, was the Guest of Honour.

Dr Goran Sjonell, President of the World Organization of Family Doctors (WONCA), delivered the 16<sup>th</sup> Sreenivasan Oration on "Organized Family Medicine - The Key Issue to Cost-Effective Health Care". This was followed by the Conferment of Fellowships to the following distinguished Members of the College who had contributed much to Family Medicine: Dr Kwa Soon Bee, Dr Chen Ai Ju, Dr Ling Sing Lin, Dr Lam Sian Lian, Dr Chan Nang Fong and Dr Cheong Pak Yean.

The above events on such an auspicious occasion would not have been possible without the hardwork and dedication of the Organising Committee and College Secretariat whose members spent so many late nights and weekends planning the final programme. To them we extend our gratitude and thanks. Special acknowledgements are also accorded to the generous support of our main sponsor, Merck Sharp & Dohme, as well as substantial contributions from Glaxo Wellcome, and the trade exhibitors. With careful financial housekeeping and prudent expenditure, the conference was able to generate surplus funds of some S\$60,000.

Over 300 delegates attended the conference, and representatives hailed from as far as Hong Kong, Japan, Macau, Myanmar, Sweden and Switzerland. We thank all those College members, non members and friends for their active support and participation to make this conference mark a truly memorable milestone on the 25<sup>th</sup> Anniversary of the College.

DR YII HEE SENG

Chairman
Organising Committee
6<sup>th</sup> Scientific Conference

MS YVONNE CHUNG Conference Co-ordinator Organising Committee 6<sup>th</sup> Scientific Conference

# REPORT OF THE FINANCE COMMITTEE

#### 1 APRIL 1997 TO 31 MARCH 1998

Chairman Secretary Ex-Officio Dr Arthur Tan Chin Lock Dr Richard Ng Mong Hoo Dr Alfred Loh Wee Tiong

The College continued to incur operational deficits which had markedly increased to (\$\$194,589.00) as compared to \$\$45,000.00 in the previous year.

Gross income for the year had actually increased by 9.1% (i.e.S\$24,378.00) to S\$291,244.00 as compared to the previous year's income of S\$266,866.00. The major portion of this income came from our core (CME-related) activities such as the Scientific Conference, Annual Surgical Update, Diabetes Training Programme as well as from the Family Medicine Teaching Programme.

Our expenditure for the year was 55% higher than the previous year, totalling (\$\$485,833.00) as opposed to \$\$312,705.00 for the previous year. This was due to a major new item in our College's accounts, commercial rent of \$\$112,099.00.

Another major new item on College's accounts worth noting is a fixed deposit of \$\$739,168.00 under Family Medicine Postgraduate Library Fund, derived from the proceeds of the now defunct Postgraduate Medical Library Fund. Extra efforts were made to maximise the interest earnings of our fixed deposits by seeking the highest interest rates offered for that period by any of the major banking institutions.

### DR ARTHUR TAN CHIN LOCK

Honorary Treasurer & Chairman, Finance Committee College of Family Physicians Singapore

# **COLLEGE OF FAMILY PHYSICIANS SINGAPORE**

# ACCOUNTS FOR THE YEAR ENDED 31ST MARCH, 1998

#### PAGE 1

# AUDITOR'S REPORT TO THE MEMBERS OF COLLEGE OF FAMILY PHYSICIANS SINGAPORE.

We have audited the accompanying balance sheet as at 31<sup>st</sup> March,1998, and the income and expenditure account for the year then ended. These financial statements are the responsibility of the management. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with Singapore Standard on Auditing. These Standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

In our opinion, the financial statements are properly drawn up in accordance with the rules and Statements of Accounting Standard, and so as to give a true and fair view of the state of affairs of the College of Family Physicians Singapore at 31<sup>st</sup> March, 1998 and of the results of the College of Family Physicians Singapore for the year then ended on that date.

Singapore, 2nd May 1998

PRESIDENT

V.P.KUMARAN & CO.
CERTIFIED PUBLIC ACCOUNTANTS

HONORARY SECRETARY HONORARY TREASURER

PAGE 2

# COLLEGE OF FAMILY PHYSICIANS SINGAPORE

# BALANCE SHEET AS AT 31ST MARCH, 1998

	NOTE	S\$	<u>1998</u> S\$	S\$	<u>1997</u> S\$
GENERAL FUND			ъф		ъФ
Balance at 31st March, 1997			152,623		198,462
(Less): Net (deficit) for the year			(194,589)		(45,839)
•			(41,966)		152,623
			(11,500)		152,025
OTHER FUNDS					
Journal fund College Development and	(2)	30,400		30,000	
Research fund Victor Louis Fernandez	(3)	692,950		671,581	
Fellowship fund	(4)	24,361		23,610	
Postgraduate Family Medicine Library fund		739,168	1,486,879	2	725,191
,	-		1,444,913		877,814
					=====
	REPRI	ESENTED B	BY:		
FIXED ASSETS	(5)		30,893		32,233
CURRENT ASSETS					
Stock	(6)	_		6,429	
Stock of postage stamps		142		142	
Fixed deposit	(7)	1,564,530		799,652	
Cash in hand and at bank	(8)	48,471		173,258	
Sundry receivable	(9)	11,300		11,300	
Deposits	(10)_	500		500	
		1,624,943		991,281	
LESS: CURRENT LIABILITIES					
	(1.1)	010.000		1.45.500	
Accrued charges	(11)_	210,923		145,700	
	=	210,923		145,700	
Net current assets			1,414,020	ε	845,581
			1,444,913	3	877,814

See accompanying notes to the accounts

PAGE 3

# COLLEGE OF FAMILY PHYSICIANS SINGAPORE

# INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH, 1998

INCOME	NOTE	<u>1998</u> S\$	S\$	<u>1997</u> S\$	S\$
Subscription		39,910		80,035	
Entrance fees		1,400		950	
Miscellaneous income	(12a)	245,078		183,005	
Interest on fixed deposit	(12c)	4,856	291,244	2,876	266,866
-				,	
LESS: EXPENDITURE					
Salaries, bonus and allowance Provident fund and skill		76,750		66,414	
development levy		15,400		10,471	
Rental of office premises		112,099		<b>W</b> 2	
Rental of booth/lecture rooms		240		-	
Conference		6,940		=	
Printing and stationery		7,983		13,477	
Telephone charges		1,564		1,194	
Postages		5,506		3,136	
Transport		210		269	
Insurance		S <del>=</del>		1,036	
Water and electricity		3,123		3,354	
Repairs and maintenance		866		4,631	
Miscellaneous expenses	(12b)	252,160		113,195	
25th anniversary celebrations		82		20,000	
Renovation and upgrading expenses		_		70,000	
Auditors' remuneration		700		700	
Depreciation of fixed assets		2,292	485,833	4,828	312,705
					(45,839)
Net (deficit) for the year			(194,589)		(42,037)

See accompanying notes to the accounts

### PAGE 4

# COLLEGE OF FAMILY PHYSICIANS SINGAPORE

# NOTES TO THE ACCOUNTS - 31ST MARCH, 1998

# 1) GENERAL

The accounts of the college are expressed in Singapore dollars.

# 2) <u>JOURNAL FUND</u>

<u> 1997</u>		1998
S\$		<u></u>
30,000	Balance at 31st March,1997	30,000
-	Add: Donations received during the year	400
435	Add: Interest on fixed deposit	955
30,435		31,355
435	Less: Transferred to miscellaneous income	955
30,000	Balance at 31st March, 1998	30,400

# 3) <u>COLLEGE DEVELOPMENT AND RESEARCH FUND</u>

<u>1997</u> S\$		<u>1998</u> S\$
661,887	Balance at 31st March, 1997	671,581
100	Add: Donations during the year	·
9,594	Add: Interest on fixed deposit	21,369
671,581	Balance at 31st March, 1998	692,950

# 4) <u>VICTOR LOUIS FERNANDEZ FELLOWSHIP FUND</u>

<u>1997</u> S\$		1998 S\$
23,273	Balance at 31st March, 1997	23,610
337	Add: Interest on fixed deposit	751
23,610	Balance at 31st March, 1998	24,361

PAGE 5

5) FIXED ASSETS	5)	FIXED	ASSETS
-----------------	----	-------	--------

,	A ALBANA A MANAGEMENT	AT COST AT		ACCUMULATED	DEPRECIATION	NET BOOK
	1998	31.3,1997	<b>ADDITION</b>	<b>DEPRECIATION</b>	FOR THE YEAR	<u>VALUE</u>
	Furniture & fittings	80,705	952	80,895	190	762
	Tapes and library books	54,688	0942	54,688	-	-
	Office equipment	69,643	y. <del></del>	63,337	2,102	6,306
	Computer	40,127	2	40,127	-	-
	Chubb alarm system	4,264	-	4,264	-	-
	Paintings	11,525	=	-	-	11,525
	Pottery	12,300			<u>-</u>	12,300
	1 ottory	\$ 273,252	952	\$ 243,311	\$ 2,292	\$ 30,893

	AT COST AT		ACCUMULATED	DEPRECIATION	NET BOOK
1997	31.3.1996	<b>ADDITION</b>	<b>DEPRECIATION</b>	FOR THE YEAR	<u>VALUE</u>
Furniture & fittings	80,705	-	80,705	; <del>=</del> ;	1.70
Tapes and library books	54,688	-	54,688		-
Office equipment	59,133	10,510	61,235	4,828	8,408
Computer	40,127	-	40,127		
Chubb alarm system	4,264	-	4,264	( <u>#</u>	-
Paintings	11,525	-	-	:*	11,525
Pottery	12,300	-	-		12,300
1 00002	\$ 262,742	\$ 10,510	\$ 241,019	\$ 4,828	\$ 32,233

<sup>\*</sup> No depreciation is provided for painting and pottery as the former appreciates in value and the latter will be replaced as and when the need arises.

# PAGE 6

6)	<b>STOCK</b>		
	<u>1997</u>		<u>1998</u>
	S\$		S\$
	533	Shields	
	3,400	Gold medals	<u>e</u>
	2,496_	Tie (Board)	
	6,429		
7)	FIXED DEPO	OSIT - Represented By:	
,	1997		<u>1998</u>
	30,000	Journal fund	30,400
	671,581	College Development and Research fund	692,950
	23,610	Victor Louis Fernandez Fellowship fund	24,361
		Postgraduate Family Medicine Library fund	739,168
	74,461	General fund	77,651
	799,652		1,564,530
8)	CASH IN HA	AND AND AT BANK	
,	1997		1998
	S\$	This consists of:	S\$
	1,354	Cash in hand	1,199
	54,358	Cash at Overseas Union Bank-a/c. No.1	39,827
	23,298	Cash at Overseas Union Bank-a/c. No.2	914
	6,711	Cash at Overseas Union Bank-a/c. No.3	6,041
	87,060	Cash at Overseas Union Bank-a/c. No.4	-
	477	Cash at Citibank-Maxisave	490
	173,258		48,471
9)	SUNDRY RE	CEIVABLE	
ĺ	1997		<u>1998</u>
	S\$		<u>s</u> \$
	10,690	Subscription in arrears	10,690
	610	Singapore Family Physician advertisers	610
	11,300		11,300
10)	DEPOSITS		
/	1997		<u>1998</u>
	\$\$		<u>1998</u> S\$
	500	Security deposit	500

# 11) ACCRUED CHARGES

1997		<u>1998</u>
		S\$
700	V.P.Kumaran & Co.	700
70,000	Renovation and upgrading	51,000
30,000	Training materials	Sec. 1
30,000	Journals	30,000
15,000	25th Anniversary	15,000
<b>2</b>	CPF-Mar'98	1,060
::#:	SDF-Mar'98	3
S.	Salary-Mar'98	1,061
02	Rental of office premises	112,099
145,700	-	210,923

# 12a) <u>MISCELLANEOUS INCOME</u>

<u> 1997</u>		<u>1998</u>
S\$		S\$
	Diabetes training programme	11,460
87,060	Scientific Conference	91,801
17,805	Advertisement in Singapore Family Physician Journal	24,400
321	SMC-CME	25,830
14,636	Sundry income	3,365
2,210	Rental charges received	-
27,658	Family Medicine Teaching Programme	47,302
310	CME update	160
435	Journal Fund-Singapore Family Physician	1,555
24,470	Administrative charges	(€
-	Mailing & despatch fee	22,875
¥.	Annual Surgical Update	16,330
8,100	Meditech Exhibition	
183,005		245,078

PAGE 8

# 12b) <u>MISCELLANEOUS EXPENSES</u>

<u>1997</u>		<u>1998</u>
S\$		S\$
868	Research fee	546
30,000	Training materials	4,553
31,302	Journal	15,189
728	Advertisement	-
2,991	Refreshment	1,822
2,305	Sundries	17,950
15	Newspaper, periodicals and books	-
9,950	Security charges	14,103
2,234	Photocopying	2,883
10,280	The Singapore Family Physician	12,580
193	Medical fees	29
4,200	Accounting charges	4,200
272	Diabetes training programme	9,344
7 <del>=</del> 7.	Stock written off	6,429
2,529	Annual Surgical Update	12,365
15,328	Scientific Conference	123,057
***	CME update	610
	SME-CME	26,500
113,195		252,160

# 12c) <u>INTEREST ON FIXED DEPOSIT</u>

<u>1997</u>		<u>1998</u>
S\$		S\$
11	Citibank - Maxisave	11
13,231	Citibank - Fixed deposit	27,920
13,242		27,931
435	Less: Transferred to Journal fund	955
1 1	Transferred to College Development	
9,594	and Research fund	21,369
1	Transferred to Victor Louis Fernandez	
337	Fellowship fund	751
10,366		23,075
2,876	Shown in income and expenditure account	4,856
1.		

# 13) <u>COMPARATIVE FIGURES</u>

Certain comparative figures have been reclassified to conform with the current year's presentation.

### **MEMBERSHIP LIST**

As at 31 March 1998

#### HONORARY FELLOWS

Dr Chen Ai Ju Dr Fabb Wesley E Dr Kwa Soon Bee Dr Lam Sian Lian

Datuk (Dr) Lim Kee Jin

**Prof Lim Pin** 

Dato (Dr) R Balasundaram

Dr Rajakumar M K Dr Richard B Geeves

Dr Syed Mahmood Bin Syed Hussain

Prof Tock Peng Chong Edward

#### **FELLOWS**

Dr Chan Nang Fong Dr Chan Swee Mong Paul Dr Chang Ming Yu James

Dr Cheong Pak Yean A/Prof Goh Lee Gan

Dr Hanam Evelyn Dr Koh Eng Kheng Dr Lee Suan Yew

Dr Leong Vie Chung

Dr Lim Kim Leong

Dr Lim Lean Huat Dr Ling Sing Lin

Dr Loh Wee Tiong Alfred

Dr Soh Cheow Beng

Dr Vaswani Moti Hassaram

Dr Wong Heck Sing Dr Wong Kum Hoong Dr Yeo Peng Hock Henry

# DIPLOMATE MEMBERS OTHER COUNTRIES

Dr Ho Leong Kit

Dr Soh Fook Thin Philip

Dr Soon Siew Pheng Roy Dr Viegas Claire Maria

MALAYSIA

Dr Chooi Sooi Lang

Dr Chung Sin Fah

Dr Fernandez Tiburtius

Dr Hee Wan Jang Henry

Dr Hew Kin Sun

Dr Yong Voon Fatt

Dr Yoong Foh Yan

#### **SINGAPORE**

Dr Chan Beng Leong

Dr Chan Cheow Ju

Dr Chia Yuit Keen

Dr Chin Keng Huat Richard

Dr Chiong Peck Koon Gabriel

Dr Chok Ching Chay

Dr Chong Hoi Leong

Dr Choo Kay Wee

Dr Chow Yeow Ming

Dr Damodaran Ajith Dr Ee Guan Liang Adrian

Dr Ee Guali Liang Auria

Dr Foong Chan Keong

Dr Goh Kiat Seng Dr Goh King Hua

Dr Goh Siew Teong

Dr Heng Swee Khoon Andrew

Dr Hia Kwee Yang

Dr Ho Gien Chiew

Dr Huan Meng Wah

Dr Khoo Beng Hock Michael

Dr Kong Kum Leng

Dr Kurup Bina

Dr Kwan Pak Mun

Dr Lau Hong Choon

Dr Lee Kheng Hock

Dr Lee Kok Leong Philip

Dr Lee Michael

Dr Leong Wai Hin Linda

Dr Liao Kian Huat

Dr Lim Bee Geok

Dr Lim Bee Hwa Kitty

Dr Lim Chong Sing

Dr Lim Chun Choon

Dr Lim Kah Choo Carol

Dr Lim Shuen Li Selina

Dr Lim Sinn Ling

Dr Lim Shyan

Dr Loo Choon Yong

Dr Low Kee Hwa

#### **SINGAPORE**

Dr Low Mun Heng Gerard

Dr Lui Woei Sen

Dr Lum Chun Fatt

Dr Mathani Suresh Ramchand

Dr Murugasu Deirdre

Dr Ng Ban Cheong

Dr Ng Chee Lian Lawrence

Dr Ng May Mei

Dr Omar Bin Saleh Talib

Dr Seet Po Choo Cynthia

Dr Swah Teck Sin

Dr Tan Chek Wee

Dr Tan Heng Kwang

Dr Tan Kok Kheng

Dr Tan Swee Lian Cecilia

Dr Tan Swee Teck Michael

Dr Tay Soi Kheng

Dr Wee Sip Leong Victor

Dr Wee Soon Heng Christopher

Dr Wong Fook Meng Wilson

Dr Wong Sin Hee

Dr Wong Song Ung

Dr Yeo Siam Yam

Dr Yii Hee Seng

### ORDINARY MEMBERS OTHER COUNTRIES

Dr Ang Bee Khuan

Dr Chew Li Foon Angela

Dr Ling Mun Kin

Dr McKay A Breck

Dr Yung Sai Wah Gilbert

#### **MALAYSIA**

Dr Hong Ching Ye

Dr Nyar K N

Dr Neo Chun Huat

Dr Pok Tham Yien

Dr Samuel Bob Devadas

Dr Singh Daya A/L Kerpal Singh

Dr Thuraisingam Kandiah

Dr Varghese Joseph

Dr Woo Yam Kwee

Dr Ang Boon Leong

Dr Ang Poh Kit

Dr Ang Yiau Hua

Dr Arumugam Nalachandran

Dr Atputharajah Yogasarojini

Dr Attaree Razia

Dr Auw Tiang Meng

Dr Aw Lee Fhoon Lily

Dr Balasubramaniam P

Dr Balasundram Ganesh

Dr Balkis Binte Akbar Ali

Dr Baikis Bille Akuai Ali

Dr Caldwell George Yuille

Dr Chiam Heng Tin

Dr Chan Foong Lien

Dr Chan Heng Thye

Dr Chan Hsiu Mei

Dr Chan Kah Kwok Henry

Dr Chan Kai Poh

Dr Chan Khye Meng

Dr Chan Pak Hang

Dr Chan Peng Mun

Dr Chan Wah Mei

Dr Chan Wai Lup

Dr Chan Yit Meng

Dr Chang Li Lian

Dr Chee Chan Seong Stephen

Dr Chee Tiang Chwee Alfred

Dr Chee Toan Yang Diana

Dr Chee Yuet Ching Caroline

Dr Cheng Heng Lee

Dr Cheng Soo Hong

Dr Cheong Wei Ling

Dr Chew Gian Moh

Dr Chew Khek Kah

Dr Chew Swee Eng

Dr Chia Kwok Wah

Dr Chia Swee Heong Daniel

Dr Chia Yuen Tat

Dr Chiang Shih Chen Lynda

Dr Chin Koy Nam

Dr Chin Yew Liang Alan

Dr Chong Lay Hwa

Dr Chong Swan Chee

Dr Choo Hock Soon John

Dr Choo Teck Hong

Dr Choong Sheau Peng

Dr Choong Siew Foong

Dr Chou Vida

Dr Chow Khuan Yew

Dr Chow Kye Kheong

Dr Chu Siu Wen

Dr Chua Bee Koon

Dr Chua Hock Leong John

Dr Chua Pong Kuan

Dr Chua Sui Leng

Dr Chua Sui Meng

Dr Chua Yong Han

Dr Chua Lee

Dr Chui Chow Yin

Dr Chung Weng Siong

Dr Dhar Rames Chandra

Dr Dohadwala Kutbuddin

Dr Emmanuel Shanta Christina

Dr Eu Yee Tat David

Dr Fang James

Dr Fernandez Roslin Mary

Dr Fong Chee Hong David

Dr Fong Chiu Yan

Dr Fong Chong Too

Dr Fong Khee Leng

Dr Fong Yuke Tien

Dr Foo Yong Bock

Dr Fung Mei Keng Janet

Dr Gan Cheong Hwee

Dr Gin Wee Kit

Dr Goh Ban Cheng Melvin

Dr Goh Cheng Hong

Dr Goh Ching Luck Peter

Dr Goh Kong Tek

Dr Goh Soo Chye Paul

Dr Goh Soon Chye

Dr Goh Suan Choo

Dr Goh Tien Siong

Dr Hasan Syed Izharul

Dr Ho Lin Fah Dorothy

Dr Ho May Ling

Dr Ho Paul

Dr Ho Sook Yean Theresa

Dr Ho Yeng

Dr Ho Yow Chan

Dr Ho Yuen

Dr Hong Chee Boo Allan

Dr Hong Chee Mon Michael

Dr Hong Lee Tiong

Dr Hoong Yong Sen

Dr Hoo Kai Meng

Dr How Chong Hong

Dr Howe Kah Chong

Dr Hu Tsu Teh

Dr Hwang Teng Ben Winston

Dr Jeyaratnam Nirmala Pathmini

Dr Kang Aik Kiang

Dr Kang Hun Hun Helen

Dr Kee Chin Wah Partick

Dr Khatoon Zubeda

Dr Khin Khin Win

Dr Khei Sue Weng

Dr Kho Keng How

Dr Khoo Boo Yee

Dr Khoo How Eng

Dr Khoo Teng Hoo George

Dr Khoo Sork Hoon

Dr Khoo Swee Suan Janice

Dr Khoo Swee Tuan George

Dr Khor Chin Kee

Dr Kishan Dhakshayani

Dr Kui Oi Nah Juliana

Dr Koh Ai Peng

Dr Koh Boon Wah

Dr Koh Chong Cheng

Dr Koh Chye Seng

Dr Koh Eng Soo

Dr Koh Gin Poh

Dr Koh Mui Noi Betty

Dr Koh Tse Chung Kevin

Dr Koo Seng Long

Dr Kong Sui Shing Georgina

Dr Kothagoda Henry

Dr Kulip Wasan Singh

Dr Kwan Kah Yee

Dr Kwee Lee Fung

Dr Kwee Edmund

Dr Kwee Irene

Dr Kwok Weng Fai

Dr Lai Jin Tee John Francis

Dr Lai Lung Ying

Dr Lai Oi Leng

Dr Lam Foong Lian

Dr Lau Chin Shiou Sharon

Dr Lau Kit Wan Dr Lee Bon Fa

Dr Lee Chau Wah

Dr Lee Cheong Cheng

Dr Lee Ching Yit Shirley

Dr Lee Chon Sham

Dr Lee Eng Hua

Dr Lee Eng Seng

Dr Lee Geok Choo

Dr Lee Hock Seng

Dr Lee Keng Thon

Dr Lee Kheng Chew

Dr Lee Kok Wah

Dr Lee Ling

Dr Lee Meow Yoong

Dr Lee Moh Hoon

Dr Lee Pheng Lip Ian

Dr Lee Pheng Soon

Dr Lee Ping Wen

Dr Lee Quee Phin

Dr Lee Sai Kiang

Dr Lee Teng Hong

Dr Lee Woon Lin

Dr Leong Chee Lum

Dr Leong Choon Yin

Dr Leong Kwong Lim

Dr Leong Lee San

Dr Leow Ai Mian

Dr Leow Yung Khee

Dr Lew Yin Choo

Dr Liang Hsueh Lin

Dr Lien Yee Wun Virgina

Dr Lim Chan Yong

Dr Lim Chee Teck

Dr Lim Chin Hin

Dr Lim Chin Yin

Dr Lim Choe Lan

Dr Lim Eang Ling Eileen

Dr Lim Ein Lai

Dr Lim Geok Bin

Dr Lim Geok Leong

Dr Lim Guek Nee

Dr Lim Hai Chiew

Dr Lim Hock Kuang David

Dr Lim Hock Siew

Dr Lim Huat Chye Peter

Dr Lim Hui Chuan

Dr Lim Joo Lee

Dr Lim Ka Pheck Angela

Dr Lim Khai Liang John

Dr Lim Kheng Har Maureen

Dr Lim Kian Tho Jerry

Dr Lim Kim Loan Connie

Dr Lim Kok Keng Victor

Dr Lim Liang Boon

Dr Lim Mui Lee

Dr Lim Siew Hong Priscilla

Dr Lim Soon Beng

Dr Lim Sun Tai Shelis

Dr Lim Toan Kiaw

Dr Lim Wan Ie

Dr Lim Whye Geok

Dr Lim Yew Cher Alex

Dr Lim Yu Her

Dr Ling Chuen

Dr Lo Hong Ling

Dr Loh Ban Chye

Dr Loh Kok Chi

Dr Loh Kum Fong

Dr Loh Peng Yam Michael

Dr Loke Khua Eu

Dr Loo Choo Choon Andrew

Dr Loo Hing Peng

Dr Low Chee Wah Mark

Dr Low Guat Siew Theresa

Dr Low Saw Lean

Dr Low Sim Ong Timothy

Dr Low Sze Sen

Dr Low Yee Shih

Dr Lu Jean

Dr Mao Fong Hao

Dr Ma Swan Hoo

Dr Menon Indira Ravindranath

Dr Mohamed Bin Abu Bakar

Dr Mohamed Nawaz Janjua

Dr Mok Lye Wan

Dr Muhamed Usaf Ansari

Dr Mukundan V S Nair

Dr Nair Prem Kumar

Dr Nair Rajalekshmi

Dr Narasinghan Meenambikai

Dr Narulla Ranjeet

Dr Neo Eak Chan

Dr Neo Lily Tirtasana

Dr Neoh Swee San Linda

Dr Ng Boon Gim

Dr Ng Chee Weng

Dr Ng Choon Hee

Dr Ng Eik Tiong

Dr Ng Eng Lim

Dr Ng Fook Lam

Dr Ng Hee

Dr Ng Keck Sim

Dr Ng Lee Beng

Dr Ng Mong Hoo Richard

Dr Ng Seng Yeun

Dr Nur'Azzah Binti Ahmad

Dr Oei Cheong Chuan

Dr Ong Bee Ping

Dr Ong Eng Cheng

Dr Ong Kian Giap Daniel

Dr Ong Meng Yi

Dr Ong Poh Kheng

Dr Ong Siew Kiat

Dr Ong Teck Thian

Dr Ong Yong Khee Daniel

Dr Png Chin Guan Julian

Dr Pang Seow Choon William

Dr Perumal s/o V Manickam

Dr Peh Eng Teck

Dr Pettigrew Violet Muriel Grace

Dr Pillai Kumara Prasad

Dr Poh Seow Hoon

Dr Poh Siew Cheng

Dr Pong Humphrey

Dr Quah Wee Chai Parry

Dr Quek Dina

Dr Quek Koh Choon

Dr Quek Meng Poo

Dr Quek Peng Kiang

Dr Rajan Uma

Dr Ramanathan Haridas

Dr Ramasamy Packiyavathi

Dr Ramesh Sadasivan

Dr Ray Rilly

Dr Roshni Kandasamy Pillay

Dr Sarma Sundari Lily

Dr Seah Cheng Kiah

Dr Selvadurai Vimala

Dr Si-Hoe Kok Wan

Dr Si-Hoe Yeen Ling

Dr Singh Balbir

Dr Singh Sorinder

Dr Sim Tiong Puay

Dr Singam Saroja Bhai

Dr Sitoe Kum Fatt

Dr Soh Joo Kim

Dr Subramanion M Bala

Dr Sun See Seng

Dr Supramaniam Vimalaranie

Dr Tam Antony

Dr Tan Ban Kok

Dr Tan Bang Liang

Dr Tan Bee Lee Philip

Dr Tan Beng Sim Vincent

Dr Tan Boon Chor

Dr Tan Cheng Bock Adrain

Dr Tan Chin Lock Arthur

Dr Tan Chong Bin

Dr Tan Gek Hua

Dr Tan Gek Young

Dr Tan Hiew Kang

Dr Tan Ju Hock

Dr Tan Kee Chong

Dr Tan Keng Chiew

Dr Tan Keng Wah Jerry

Dr Tan Khim Keng

Dr Tan Kian Yong

Dr Tan Kiat Piah

Dr Tan Kiaw Kuang

Dr Tan Kim Eng

Dr Tan Kok Hian

Dr Tan Kok Pin

Dr Tan Kok Soo

Dr Tan Lay Wee

Dr Tan Lea Khim Dr Tan May Hua

Dr Tan Lean Beng

Dr Tan Peng Hong

Dr Tan See Leng

Dr Tan Seung Po

Dr Tan Soo Cheng

Dr Tan Soo Liang

Dr Tan Suan Ek

Dr Tan Tiak Kuan Kenneth

Dr Tan Teck Hong

Dr Tan Teck Shi

Dr Tan Teng Kok

Dr Tan Thian Hwee

Dr Tan Tian Cho

Dr Tan Tin Kiat Robert

Dr Tan Wee Keng Alan

Dr Tan Wen Chien Fiona

Dr Tan Yong Kuan Adrian

Dr Tan Yu Sing Lucienne

Dr Tan Yong Tong

Dr Tang Wai Meng

Dr Tay Boon Chye Peter

Dr Tay Hock Hui

Dr Tay Ka Choon

Dr Tay Kok Ling

Dr Tay Siew Tee Celena

Dr Tay Sok Hoon

Dr Teo Hock Hye

Dr Teo Poh Choo

Dr Teoh Robin Elizabeth

Dr Tham Kok Wah

Dr Tham Pak Onn

Dr Thein Myint Myint

Dr Thevathasan Ivor

Dr Thor Guat Ngoh

Dr Toh Kok Thye

Dr Tok Choo Beng Vincent

Dr Tong Thean Seng Reginald

Dr Tow Siang Phang

Dr Tseng Seong Pheng William

Dr Vasanwala Farida Fakhrudin

Dr Virabhak Nai Karin

Dr Waller Patrica Babara

Dr Wee Bee Poh Diana

Dr Wee Joo Ling Mary

Dr Wee Kang Cheng Paul

Dr Wee Ian Lin Karen

Dr Williams S A R

Dr Wong Fook Poh

Dr Wong Kai Peng

Dr Wong Ming

Dr Wong Nai Ming

Dr Wong Toan Lien Particia

Dr Wong Toon Kwok

Dr Wong Weng Hong

Dr Wong Weng Yew

Dr Wong Yik Mun

Dr Wong Yoke Cheong

Dr Woon Chee Hong

Dr Wu Eu Heng

Dr Yang Chien Pai

Dr Yang Hong Ping

Dr Yao Cheng John

Dr Yap Chiew Fah Ivy

Dr Yap Soei Kiat

Dr Yap Soo Kor Jason

Dr Yeak Hwee Lee

Dr Yeap Eng Hooi

Dr Yee Poh Kim

Dr Yeo Chye Luan

Dr Yeo Khee Hong

Dr Yeo Khian Kiat

Dr Yeo Kwan Ching

Dr Yeo Lock Peow

Dr Yeo May Lene Esther

Dr Yeo Ngan Meng

Dr Yeo Swee Lee

Dr Yeo Yee Tuan Eric

Dr Yeoh Peng Cheng

Dr Yik Chor Yeong

Dr Yim Sow Tuck Andrew

Dr Yong Bo Ling

Dr Yu Wai Hong

#### ASSOCIATE MEMBERS SINGAPORE

Dr Ang Choon Kiat Alvin

Dr Anand Kumar

Dr Asha Ansari

Dr Chan Yat Chun

Dr Chang Chean Seng Stephen

Dr Chang Tou Liang

Dr Chee Beng Kiat Ronnie

Dr Chee Fon Foo Ernest

Dr Chen Chih Min

Dr Cheong Cher Chee David

Dr Chew May Ling

Dr Cheok Soo Gek Felicia

Dr Cheong Kwok Keong

Dr Cheong Lee Ching

Dr Cheong Seng Kwing

Dr Chong Mui Hun

Dr Chong Siew Yun

Dr Chow Mun Hong

Dr Chua Poh Gek Angeline

Dr Datta Sanjoy Kumar

Dr Doraisamy Gowri

Dr Foo Fung Fong

Dr Foo Hui Yuan Vivienne

Dr Gill Shivcharan Kaur

Dr Goh Chin Ai Moira Clare

Dr Goh Choon Kee Shirley

Dr Goh Kar Cheng

Dr Goh Siang Leng

Dr Hashiguchi Hiroshi

Dr Hiak Tai Soon

Dr Ho Chin Wei Sally

Dr Ho Han Kwee

Dr Ho Hern Lu

Dr Hui Meng Tong

Dr Justina Dairianathan

Dr Kalamani Kanagasabai

Dr Kao Wei Hung

Dr Kashyap Kiran

Dr Khairull Bin Abdul Rahman

Dr Khemani Neeta Parshotam

Dr Koh Choon Huat Gerald

Dr Koh Kheng Keah Philip

Dr Kwan Yew Seng

Dr Kwek Soon Kiat Eric

Dr Kwong Kum Hoong

Dr Lai Kok Wei

Dr Lam Bee Lan

Dr Law Pet Lin Pertina

Dr Lee Ai Ming Audrey

Dr Lee Chien Wen Karen

Dr Lee Mun Tuck

Dr Lee See Chung

Dr Lee Siew Thye

Dr Lee Sueh Ying Patricia

Dr Lee Tang Yin

Dr Lee Yew Wei

Dr Leong Hoe Ching Janelene

Dr Leong Kwai San Sebastian

Dr Leong Su Chen Angela

Dr Leong Yew Kin

Dr Leong Yi Ming Lucy

Dr Leong Yi Oon Ian

Dr Leow Wei Aun

Dr Ler Teng Noh Diana

Dr Liew Kok Wei

Dr Lim Gek Muay

Dr Lim Hsiu Yih Francis

Dr Lim Jen Pei

Dr Lim Lee Kiang Julian

Dr Lim Soon Beng

Dr Lim Wee How

Dr Liu Woon Yi

Dr Lo Cher Kuan

Dr Loke Foo Shin Kelly

Dr Loke Kam Weng

Dr Loi Kuan Loong

Dr Meyer Bernard Charles

Dr Neoh Chi Lim

Dr Ng Chiew Fang

Dr Ng Hor Liang

Dr Ng Joo Ming Matthew

Dr Ng Min Yin

Dr Ng Mui Nai Agnes

Dr Ng Siau Peng

Dr Ng Siew Khoon

Dr Nyam Ngian Choy Raymond

Dr Ong Chooi Peng

Dr Pan Woei Jack

Dr Pang Sze Kang Jonathan

Dr Pillai Kumari

Dr Poon Wai Kong

Dr Seow Hoong Wei Gabriel

Dr Sheppard Mark

Dr Siaw Tung Yeng

Dr Sim Buan Lee Gilbert

Dr Sim Li-San Grace

Dr Sin Wen Yee

Dr Singam Saroja Bhai

Dr Sng Kong Chee

Dr Soh Cheng Cheng

Dr Soh Hun Beng Lawrence

D. G. I. W. I. N.

Dr Soh Wah Ngee

Dr Soh Yew Chye Albert

Dr Song Tiong Beng

Dr Tam Tak Chuen

Dr Tan Beng Teck

Dr Tan Chee Beng

Dr Tan Kay Seng Tommy

Dr Tan Kee Wang

Dr Tan Kia King

Dr Tan Kia Yong Paul

Dr Tan Kok Hian

Dr Tan Kok Leong

Dr Tan Li Mei Joanna

Dr Tan Lip Pin

Dr Tan Ngiap Chuan

Dr Tan Peck Kiang Angela

Dr Tan Swee Lian Yvette

Dr Tan Su-Ming Jean

Dr Tan Sze Wee

Dr Tan Tze Chin

Dr Tan Tze Lee

Dr Tan Wai Wan Alison

Dr Tay Peng Leng

Dr Tey Colin

Dr Teoh Mei Lin

Dr Tham Tat Yean

Dr Toh Thiam Kiat

Dr Tong Chuan Hong

Dr Tong Wee Peng

Dr Wong Chiang Yin

Dr Wong Ern Ling Helena

Dr Wong Lai Lin

Dr Wong See Hong

Dr Wong Tack Keong Michael

Dr Yap Siong Yew

Dr Yee Jenn Jet Michael

Dr Yeo Pheng Nam

Dr Yew Fan Seng

Dr Yong Hoe Koon

Dr Yong Oi-Si Elsie

Dr Yong Thiam Look Peter

Dr Yun Kok Oon

#### **OVERSEAS MEMBERS**

Dr Chew Kew Kim

Dr Chia Sze Foong

Dr Lim Meng Eng

#### RETIRED MEMBERS

Dr Aaron Alfred Oliver

Dr Chan Mei Li Mary

Dr Chan Tuck Kin

Dr Chelliah Helen

Dr Chen Jan Thye

Dr Chew Wan Heong Ivy

Dr Chong Poh Choo Lilian

Dr Chua Chong Tee

Dr Hoe Jack W

Dr J Charan Singh

Dr Kumarapathy S

Dr Lai Chan Sze

Dr Leela Varma

Dr Leow On Chu

Dr Lim Ban Siong

Dr Lim Toan Keng

Dr Lo Sook Ling Adela

Dr Marcus Colin

Dr Menon K P Ravindranath

Dr Ng Chiau Gian

Dr Ng Shok Fong Margaret

Dr Ong Caroline

Dr Ong Cheng Yue

Dr Ong Sin Eng Steven

Dr Powell David Clarke

Dr Sayampanathan SR

Dr Sheng Nam Chin

Dr Tan Eng Seng

Dr Tan Kheng Khoo

Dr Tay Leng Kong Moses

Dr Teo Chew Seng

Dr Thevathasan Victor M

Dr Trythall David

Dr Varughese Mary

Dr Wan Fook Kee

Dr Wu San San

Dr Yeoh Gueh Kwang

Dr Yong Lee Lee

Dr Yung Siew Muay