



Family Practice Skills Course (FPSC#129) (2-Day)

# Basic Obesity Management Accreditation 5

Sat, 11 October 2025: 2.00pm - 5.30pm  
Sun, 12 October 2025: 2.00pm - 5.00pm

This FPSC will be conducted on the online platform "ZOOM".  
A Zoom registration link will be sent to participants who have registered.

## DAY 1 TOPICS

- Understanding Obesity: How and Why?
- Approach to the Patient with Obesity
- The Psychology in Obesity
- Dietary Interventions for Weight Loss
- Intensifying Treatment: Bariatric Surgical Interventions
- Approach to Childhood and Adolescent Obesity

## DAY 2 TOPICS

- Obesity & Cancer: What is the Relevance?
- The Cardiovascular System in Obesity
- Pharmacotherapy in Obesity Management: The conventional, the novel and the pipelines

## WORKSHOPS

Case studies

## SPEAKERS

Dr Tham Kwang Wei	Dr Kim Guowei	Ms Pauline Xie
Dr Benjamin Lam	Dr Elaine Chew	Dr Lee Phong Ching
Dr Lee Yingshan	Dr Natalie Koh	Dr Suraj Kumar
Mr Adrian Toh	Ms Jessica Ong	Dr Leong Choon Kit
Dr Donna Tan		

- **SEMINARS** (2 Core FM CME points)  
DAY 1 • Sat, 11 Oct (2.00pm - 4.00pm)  
DAY 2 • Sun, 12 Oct (2.00pm - 4.00pm)

- **WORKSHOPS** (1 Core FM CME point)  
DAY 1 • Sat, 11 Oct (4.00pm - 5.30pm)  
DAY 2 • Sun, 12 Oct (4.00pm - 5.00pm)

\*Registration is on first-come-first-served basis.  
Please register by 8 October 2025 to avoid disappointment.

## DISTANCE LEARNING MODULE

- (6 Core FM CME points upon attaining a minimum pass grade of 60% in online MCQ Assessment)
- Read 8 Units of study materials in The Singapore Family Physician journal and pass the online MCQ Assessment.

This Family Practice Skills Course is sponsored by **Novo Nordisk Pharma Singapore Pte Ltd** and organised by **College of Family Physicians Singapore and Singapore Association for the Study of Obesity**. (For avoidance of doubt, Novo Nordisk shall have no direct influence over the contents of the topics discussed / presentation materials.)



Singapore Association  
for the Study of Obesity



COLLEGE OF FAMILY PHYSICIANS  
SINGAPORE

All information is correct at time of printing and may be subject to changes.

## REGISTRATION

Basic Obesity Management Accreditation 5

Please tick (✓) the appropriate boxes

**FREE  
REGISTRATION  
for College  
Members!**

	College Member	Non-Member
Seminar 1 (Sat)	<b>FREE</b>	<input type="checkbox"/> \$32.70
Workshop 1 (Sat)	<b>FREE</b>	<input type="checkbox"/> \$32.70
Seminar 2 (Sun)	<b>FREE</b>	<input type="checkbox"/> \$32.70
Workshop 2 (Sun)	<b>FREE</b>	<input type="checkbox"/> \$32.70
Distance Learning (MCQs Assessment)	<b>FREE</b>	<input type="checkbox"/> \$87.20

All prices stated are inclusive of 9% GST. GST Registration Number: M90367025C

☐ I attach a cheque for payment of the above, made payable to: **College of Family Physicians Singapore \***

Cheque number: \_\_\_\_\_

**We also accept payment via PayNow**

PayNow UEN: **S71SS0039J**, key in your MCR No. and Name under the UEN/Bill Reference No.

\*Registration is confirmed only upon receipt of payment.  
The College will not entertain any request for refund due to cancellation after the registration is closed OR after official receipt is issued (whichever is earlier).



## Online Registration Available

Scan the QR code or access the link below to register online

<http://www.cognitoforms.com/CFPS/FPSC129>

Name: Dr \_\_\_\_\_

MCR No: \_\_\_\_\_ Clinic HCI Code: \_\_\_\_\_

Mailing Address: (Please indicate: ☐ Residential ☐ Practice Address)

\_\_\_\_\_

E-mail: \_\_\_\_\_ Tel: \_\_\_\_\_

**Note: Any changes to the course details will be announced via e-mail.  
Kindly check your inbox before attending the course. Thank you.**

Please mail the completed form and cheque payment to:

**College of Family Physicians Singapore**

16 College Road #01-02, College of Medicine Building, Singapore 169854

You may send your completed form to: **sfp@cfps.org.sg**  
**Successful applicants will be confirmed by email.**

College of Family Physicians Singapore  
Registration Number : S71SS0039J  
Registration Period : 7 Aug 2023 to 6 Aug 2029