



## Family Practice Skills Course #94 (1 Day)

# 2021 Update: Malnutrition, Muscle Loss and Sarcopenia

Sat, 8 May 2021: 2.00pm - 5.30pm

In view of the current COVID-19 situation, FPSCs will be conducted on the online platform "ZOOM".  
A Zoom registration link will be sent to participants who have registered.

### TOPICS

- Unit 1: Sarcopenia: Update on Diagnosis and Treatment in an Asian Community Setting
- Unit 2: Improving Nutritional and Functional Outcomes in Community-Dwelling Older Adults at risk of Malnutrition
- Unit 3: Singapore Multidisciplinary Expert Consensus Statement on Muscle Health in Older Persons: Assessment and Multimodal Targeted Intervention Across the Continuum of Care

### WORKSHOP

- Addressing Sarcopenia, Malnutrition and Muscle Loss in the Community Setting - Case Series
- Skill 1: Sarcopenia Assessment in the Community
- Skill 2: Malnutrition Screening and Assessment
- Skill 3: Intervening Early with Exercise & Nutrition

### SPEAKERS

- Adj Assoc Prof Lim Wee Shiong
- Dr Tey Siew Ling
- Adj Assoc Prof Samuel Chew Teong Huang

- **SEMINAR** (2 Core FM CME points)  
DAY 1 • Unit 1 - 3: Sat, 8 May (2.00pm - 4.00pm)
- **WORKSHOP** (1 Core FM CME point)  
DAY 1 • Sat, 8 May (4.30pm - 5.30pm)
- \*Registration is on first-come-first-served basis. Please register by 3 May 2021 to avoid disappointment.
- **DISTANCE LEARNING MODULE** (3 Core FM CME points upon attaining a minimum pass grade of 60% in online MCQ Assessment)
- Read 3 Units of study materials in The Singapore Family Physician journal and pass the online MCQ Assessment.

This Family Practice Skills Course is sponsored by **Abbott Laboratories Singapore Pte Ltd**, organised by **College of Family Physicians Singapore**.



COLLEGE OF FAMILY PHYSICIANS SINGAPORE

All information is correct at time of printing and may be subject to changes.

## REGISTRATION

2021 Update: Malnutrition, Muscle Loss and Sarcopenia

Please tick ( ✓ ) the appropriate boxes

**FREE REGISTRATION for College Members!**

	College Member	Non-Member
Seminar 1 (Sat)	<input type="checkbox"/> <del>\$32.10</del> <b>FREE</b>	<input type="checkbox"/> \$32.10
Workshop 1 (Sat)	<input type="checkbox"/> <del>\$32.10</del> <b>FREE</b>	<input type="checkbox"/> \$32.10
Distance Learning (MCQs Assessment)	<input type="checkbox"/> <del>\$85.60</del> <b>FREE</b>	<input type="checkbox"/> \$85.60

All prices stated are inclusive of 7% GST. GST Registration Number: M90367025C

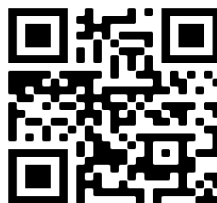
I attach a cheque for payment of the above, made payable to: **College of Family Physicians Singapore \***

Cheque number: \_\_\_\_\_

### We also accept payment via PayNow

PayNow UEN: **S71SS0039J**, key in your MCR No. and Name under the UEN/Bill Reference No.

\*Registration is confirmed only upon receipt of payment. The College will not entertain any request for refund due to cancellation after the registration is closed OR after official receipt is issued (whichever is earlier).



### Online Registration Available

Scan the QR code or access the link below to register online

<http://cfps.sg/fpsc-94/>

Name: Dr \_\_\_\_\_

MCR No: \_\_\_\_\_ Clinic HCI Code: \_\_\_\_\_

Mailing Address: (Please indicate:  Residential  Practice Address)

E-mail: \_\_\_\_\_ Tel: \_\_\_\_\_

Note: Any changes to the course details will be announced via e-mail. Kindly check your inbox before attending the course. Thank you.

Please mail the completed form and cheque payment to:  
**College of Family Physicians Singapore**  
16 College Road #01-02, College of Medicine Building, Singapore 169854

You may send your completed form to: [sfp@cfps.org.sg](mailto:sfp@cfps.org.sg) or by fax: 6222 0204.  
**Successful applicants will be confirmed by email.**