# CONTENTS

#### **EDITORIAL**

4

Osteoporosis
Dr Low Lian Leng, Dr Low Sher Guan Luke

#### **DISTANCE LEARNING COURSE ON "Osteoporosis"**

7

Unit 1: Approach and Assessment of Osteoporosis: Identifying and Managing Risk

Dr Ang Seng Bin

ш

Unit 2: Secondary Causes of Osteoporosis

Dr Chionh Siok Bee

16

Unit 3: How to read a DXA Report Dr Chionh Siok Bee

22

Unit 4: Pharmacological Management of Osteoporosis

Dr Linsey Utami Gani

3 I

Unit 5: Treatment of Osteoporosis Dr Lyida Au Shu Yi, Mr Chang Wei Terk

36

Unit 6: Role of GP in Osteoporosis Management

A/Prof Lau Tang Ching

39

Assessment of 30 MCQs

#### **READINGS**

47

A Selection of Ten Current Readings on "Osteoporosis"

#### **ORIGINAL PAPER**

54

General Practitioners' Perceptions of Dementia Care and Management in Singapore
Fiona Devi, Saleha Shafie, Lau Ying Wen, Chua Boon Yiang, Ong Hui Lin, Sophia Foo, Dr Ng Li Ling, Dr Alvin Lum,
Prof Siow Ann Chong, Janhavi Ajit Vaingankar, A/Prof Mythily Subramaniam

## CASE RECORDS OF FAMILY MEDICINE SECTION

61

"I Wish You Would Die!" Management of Dementia with BPSD, and Caregiver Stress

Dr Dilmini Kalambaarachchi

64

Guidelines and Information for Authors

### Permit No. MCI (P) 111/11/2017 Journal of The Singapore Family Physician

Printed by Providence Company

The Singapore Family Physician is published quarterly by College of Family Physicians Singapore. All articles published, including editorials, letters and book reviews represent the opinion of the authors and do not reflect the official policy of College of Family Physicians Singapore or Institution with which the authors is affiliated unless this is clearly specified. The Publisher cannot accept responsibility for the correctness or accuracy of the advertisers' text and/or claim or any opinion expressed. The appearance of advertisements in this Journal does not necessarily constitute an approval or endorsement by College of Family Physicians Singapore of the product or service advertised. The contents of this publication are not to be quoted in the press without permission of the Editor.