EDITORIAL

Chronic Disease Management 2022 Dr Chiang Shu Hui Grace

Distance Learning Course On "Chronic Disease Management 2022"

Unit 1: Proteinuria and Hypertension With and Without Type 2 Diabetes Mellitus: 2022 Update A/Prof Goh Lee Gan

13

Unit 2: Insulin Therapy in Type 2 Diabetes Mellitus Dr Tan Seng Kiong, Dr Tan Hwee Huan and A/Prof Sum Chee Fang

Unit 3: Obesity Updates: Understanding Obesity as Disease and Intermittent Fasting Dr Lam Chih Chiang Benjamin

23

Unit 4: Initiation of Urate Lowering Therapy (ULT) Dr Lee Meng Kam Richard and Dr Lim Yee Nah Anita

Unit 5: Assessment and Management of Non-alcoholic Fatty Liver Disease Dr Wai Chun Tao Desmond

Unit 6: Heart Failure with Normal and Reduced Ejection Fraction – Assessment and Shared Care Management Dr Rohit Khurana

36

Assessment of 30 MCQs

READINGS

A Selection of Ten Current Readings on "Chronic Disease Management 2022"

College of Family Physicians Singapore

Registration Number: S71SS0039J | Registration Period: 7 August 2021 to 6 August 2023 | Permit No. MCI (P) 092/11/2021

JOURNAL OF THE SINGAPORE FAMILY PHYSICIAN

Printed by Oxford Graphic Printers Pte Ltd

The Singapore Family Physician is published quarterly by College of Family Physicians Singapore. All articles published, including editorials, letters and book reviews represent the opinion of the authors and do not reflect the official policy of College of Family Physicians Singapore or Institution with which the authors is affiliated unless this is clearly specified. The Publisher cannot accept responsibility for the correctness or accuracy of the advertisers' text and/or claim or any opinion expressed. The appearance of advertisements in this Journal does not necessarily constitute an approval or endorsement by College of Family Physicians Singapore of the product or service advertised. The contents of this publication are not to be quoted in the press without permission of the Editor.

CONTENTS

ORIGINAL PAPER

49

Inflammatory Bowel Disease – An Update for Primary Care Physicians
Dr Lim Chong Teik, Dr Ennaliza Salazar, Dr Malcolm Tan Teck Kiang, Dr Webber Chan

59

Guidelines and Information for Authors