

# C O N T E N T S

## EDITORIAL

4

Putting a Stop to CKD

*Dr Chiang Shu Hui Grace*

---

### Distance Learning Course on "Putting a Stop to CKD"

x

Unit 1: Current Management and Treatment for Patients with Chronic Kidney Disease

*A/Prof Choo Chon Jun Jason*

x

Unit 2: Halting CKD Progression in Patients with Diabetes Mellitus

*Dr Ang Teck Wee Andrew, A/Prof Goh Lee Gan*

x

Unit 3: Complications of Chronic Kidney Disease: Therapeutic Approaches and  
What Can Be Done to Halt Disease Progression?

*Dr Behram Ali Khan*

x

Assessment of 15 MCQs

---

## READINGS

x

A Selection of Ten Current Readings on "Putting a Stop to CKD"

---

## ORIGINAL PAPERS

x

Anticholinergics in Older Adults – Avoid, Replace, and Monitor

*Dr Chang Wei Terk, Dr Au Shu Yi Lydia*

x

Common Drug-Drug Interactions in Kidney Transplant Recipients –  
A Practical Guide for the Family Physician

*Dr Liew Ian Tatt, A/Prof Kee Yi Shern Terence, Dr Ho Quan Yao,  
Dr Sobhana D/O Thangaraju, Dr Lee Puay Hoon*

### COLLEGE OF FAMILY PHYSICIANS SINGAPORE

Registration Number : S71SS0039J | Registration Period : 7 August 2021 to 6 August 2023 | Permit No. MCI (P) 092/11/2021

### JOURNAL OF THE SINGAPORE FAMILY PHYSICIAN

Printed by Oxford Graphic Printers Pte Ltd

The Singapore Family Physician is published quarterly by College of Family Physicians Singapore. All articles published, including editorials, letters and book reviews represent the opinion of the authors and do not reflect the official policy of College of Family Physicians Singapore or Institution with which the authors is affiliated unless this is clearly specified. The Publisher cannot accept responsibility for the correctness or accuracy of the advertisers' text and/or claim or any opinion expressed. The appearance of advertisements in this Journal does not necessarily constitute an approval or endorsement by College of Family Physicians Singapore of the product or service advertised. The contents of this publication are not to be quoted in the press without permission of the Editor.

# C O N T E N T S

## PRISM

x

Oral Nutritional Supplements – Nutritionally Replete or Incomplete?

*Dr Fung Foon Yin, Dr Grace Michael, Dr Ong Cong Wei Alvin*

---

## CASE REPORT

x

Approach to the Management of Pain in a Patient With Cancer in the Community Hospital

*Dr Ami Nagashima, Dr Wong Hwei May Victoria, Dr Xu Bangyu*

x

Sporadic Creutzfeldt-Jakob Disease Presenting with Rapidly Progressing Dementia –

A Family Medicine Perspective of Two Case Reports

*Dr Lin Xin, Dr Jiang Song'En Jeffrey*

---

x

Guidelines and Information for Authors