# **EDITORIAL**

Achieving Muscle and Metabolic Health Dr Chiang Shu Hui Grace

## Distance Learning Course on "Achieving Muscle and Metabolic Health"

Unit 1: Singapore Clinical Practice Guidelines for Sarcopenia: Screening, Diagnosis, Management, and Prevention A/Prof Lim Wee Shiong

15

Unit 2: Achieving Effective Weight Loss for Type 2 Diabetes Mellitus Control: From Evidence to Practice Dr Chan Soo Ling

22

Unit 3: Improving Adherence to Medical Nutrition Therapy with Behaviour Modification Embedded in Practice Ms Sheetal Somaiya

25

Assessment of 15 MCQs

# **READINGS**

A Selection of Ten Current Readings on "Achieving Muscle and Metabolic Health"

#### **ORIGINAL PAPER**

36

Addressing the Elephant in the Room: Advance Care Planning and Its Relevance to Family Physicians Today Dr Ng Han Lip Raymond

Guidelines and Information for Authors

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