

OVERVIEW OF FAMILY PRACTICE SKILLS COURSE ON DEMENTIA

A/Prof Goh Lee Gan

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INTRODUCTION

This dementia skills course serves to update primary care medical practitioners on the early diagnosis of dementia and management. Dementia has been included as one of the diseases in the chronic diseases management programme (CDMP) that is eligible for use of the Medisave of the patient and immediate family members. The perspective of dementia nowadays is to regard it as a chronic disease rather than a palliative problem. Viewed this way, there is stage-specific management strategies and there is incentive to diagnose the condition early in order to improve its outlook. Thanks are due to the Ministry of Health for sponsoring this family practice skills course. This training course for Family Physicians is organised as part of the CDMP initiatives. Do mark this course on your calendar.

COURSE OUTLINE AND CME POINTS

This Family Practice Skills Course is made up of the following components. You can choose to participate in one or more parts of it. The CME points that will be awarded are also indicated below.

Components and CME Points

- Distance Learning Course – 6 units (6 Core FM CME points upon attaining a minimum pass grade of 60% in Distance Learning Online MCQ Assessment).
- 2 Seminars (2 Core FM CME points per seminar).
- 2 Workshops (2 Core FM CME points for workshops).
- 10 Readings – read 5 out of 10 recommended journals (maximum of 5 CME points for the whole CME year).

Distance Learning Course

- Unit 1 : Overview & Diagnosis of Dementia
Dr Nagaendran Kandiah, Dr Chong Mei Sian
- Unit 2 : Behavioural and Psychological Symptoms of Dementia
Dr Ng Li-Ling
- Unit 3 : Pharmacological Treatment of Dementia
Dr Lim Wee Shiong
- Unit 4 : Family Caregivers and Caregiving in Dementia
Dr Dennis Seow, Dr Philip Yap Lin Kiat

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Unit 5 : Chronic Disease Management Programme (CDMP) on Dementia

Dr Chong Mei Sian

Unit 6 : User Information for e-Service Clinical Data Submission Extracted from CDMP Handbook for Healthcare Professionals 2011

COURSE TOPIC DETAILS

Unit 1: Overview & Diagnosis of Dementia

- Introduction.
- Epidemiology.
- Etiology & risk factors.
- Mild cognitive impairment.
- Assessment.
- Investigations.
- Management.
- Conclusions.

Unit 2: Behavioural and Psychological Symptoms of Dementia

- Introduction.
- Definition.
- Assessment.
- Management.

Unit 3: Pharmacological Treatment of Dementia

- Introduction.
- Overview.
- Cholinesterase inhibitors.
- NDMA antagonists.
- Common issues in the use of dementia-specific drugs.
- New frontiers in dementia management.

Unit 4: Family Caregivers and Caregiving in Dementia

- Introduction.
- Caregivers.
- Caregivers' experiences with GPs.
- Optimal care and the health care triad.
- Management and support of caregiver.
- Role of the GP in caregiving for the caregiver.
- Conclusions.

Unit 5: Chronic Disease Management Programme (CDMP) on Dementia

- Update on use of Medisave for CDMP.
- Inclusion of Dementia into CDMP.
- Treatment algorithm for dementia.

- Essential care components for dementia follow-up management in Dementia Disease Management Programme.
- Patient education and monitoring.
- Guidelines for continuing care.
- Recommended investigations, drugs and therapies.

Unit 6: User Information for e-Service Clinical Data Submission

- System requirements.
- Getting started.
- Clinical Indicators report submission.
- Searching clinical indicator reports.
- FAQs.
- Summary of Medisave for CDMP.

FACE-TO-FACE SESSIONS

Seminar 1: 17 September 2011, 2.00pm – 4.00pm

Unit 1 : Overview & Diagnosis of Dementia

Dr Nagaendran Kandiah, Dr Chong Mei Sian

Unit 2 : Behavioural and Psychological Symptoms of Dementia

Dr Ng Li-Ling

Workshop 1: 17 September 2011, 4.20pm – 6.20pm

Workshop A - Cognitive and Functional Assessments

Dr Mark Chan, Dr Nagaendran Kandiah

Workshop B - Non-pharmacological Management of Behaviours

Dr Ng Li-Ling, Dr Aaron Ang

Seminar 2: 18 September 2011, 2.00pm – 4.00pm

Unit 3 : Pharmacological Treatment of Dementia

Dr Lim Wee Shiong

Unit 4 : Family Caregivers and Caregiving in Dementia

Dr Philip Yap Lin Kiat

Unit 5 : Chronic Disease Management Programme (CDMP) on Dementia

Dr Chong Mei Sian

Workshop 2: 18 September 2011, 4.20pm – 5.20pm

Chronic Disease Management Programme (CDMP) for Dementia

Dr Chong Mei Sian