

OVERVIEW OF “FUNCTION AND DISABILITY IN PRIMARY CARE” SKILLS COURSE

A/Prof Goh Lee Gan

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INTRODUCTION

This Skills Course is organised jointly by the Ministry of Health, Ministry of Community Development and Sports, and the College. The aim of this Skills Course is to provide the knowledge and skills for the assessment of disability of the elderly in the context of the Eldershiel/IDAPE, and also for the assessment of disability of patients who are applying for Primary Care Partnership Scheme (PCPS) or whose carers in the family are applying for the Foreign Domestic Worker Levy (FDWL) concession.

Doctors who are applying to be on the assessors panel of these disability-related national schemes will need to complete and pass ALL segments of this Skills Course – namely, the distance learning and 30 MCQs assessment, attendance in the two seminars and two workshops, as well as the assessment for certification as an assessor. They will need to inform the College of this intention. With the assessment for certification completed, the doctors will be considered for appointment as an assessor of the Eldershiel/IDAPE schemes, PCPS, and FDWL scheme.

Doctors who are joining this Skills Course for CME purposes only can do one or more segments of the course (distance learning and 30 MCQs, seminars and workshops attendances), but not the assessment for certification as an assessor.

COURSE OUTLINE AND CME POINTS

This skills course is made up of the following components. You can choose to participate in one or more parts of it. However, participants who wish to apply as an appointed assessor of the disability-related national schemes must complete all components of the course and pass the Distance Learning Module Assessment and Course Assessment for certification. The CME points that will be awarded are indicated below.

Components and CME Points

- κ Distance Learning Course – 6 units– each unit 1 CME point
- κ 2 Seminars (2 CME points)
- κ 2 Workshops (2 CME points)
- κ Reading papers on FUNCTION AND DISABILITY IN PRIMARY CARE – read 5 out of 10 recommended papers (up to 5 CME points per CME year)

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Distance Learning Course

- Unit 1 : Diseases that Result in Disability in Adults
Dr Chan Kin Ming
- Unit 2 : Diseases that Result in Disability in Infants and Children
Dr Ong Hian Tat
- Unit 3 : Rehabilitation and Coping with Infants and Children with Disabilities
Dr Peter Lim
- Unit 4 : Rehabilitation and Coping with Infants and Children with Disabilities
Dr Janice Wong
- Unit 5 : Assessment of the 6 Activities of Daily Living in Adults
Dr Ng Yee Sien & Dr Heeyoune Jung
- Unit 6 : Assessment of Activities of Daily Living in Children and Infants with Developmental Disabilities
Dr Sylvia Choo

COURSE TOPIC DETAILS

Unit 1: Diseases that Result in Disability in Adults

- κ Introduction
 - Diseases, Impairment, Disability and the Environment
 - Diseases that Cause Disability
 - Ambulation is not Just a Lower Limb Problem

Unit 2: Diseases that Result in Disability in Infants and Children

- κ Introduction
 - Conditions with Physical Disability in Infants and Children
 - Cerebral Palsy
 - Paediatric Neuromuscular Diseases
 - Spina Bifida (Myelomeningocele)
 - Conditions with Mental Disability in Infants and Children
 - Strategies to Prevent or Reduce Physical and/or Mental Disabilities in Infants and Children

Unit 3: Rehabilitation and Coping with Infants and Children with Disabilities

- κ Introduction and Overview
 - Rehabilitation
 - Benefits of Rehabilitation
 - Guidelines for Inpatient Rehabilitation
 - Rehabilitation Prescription
 - Coping with Disabilities

Unit 4: Rehabilitation and Coping with Infants and Children with Disabilities

- Introduction
- Assessment of Disabilities
- Members of the Rehabilitation Team
- Prescribing Therapy
- Early Intervention Programme
- Measurement of Outcome
- Community Rehabilitation and Support

Unit 5: Assessment of the 6 Activities of Daily Living in Adults

- Introduction
- Overview and Framework of Disability Assessment
- Current Disability Assessment Tools
- Disability Assessment: General Principles of Disability Assessment
- Practical Administration of Disability Assessment: Assessment of the Six Items of Basic Activities of Daily Living in Detail
- Rehabilitation and Activities of Daily Living
- Experiences, Strengths, Weaknesses and Conclusions

Unit 6: Assessment of Activities of Daily Living in Children and Infants with Developmental Disabilities

- Introduction
- Overview
- Independence in ADL in Infancy and Childhood
- Existing Instruments
- Functional Assessment
- Types of Disability in Children and Infants
- Illustrations Using Case Studies

FACE-TO-FACE SESSIONS

Seminar 1: 25 August 2007

2.00pm – 4.00pm

Unit 1 : Diseases that Result in Disability in Adults

Dr Chan Kin Ming

Unit 2: Diseases that Result in Disability in Infants and Children

Dr Ong Hian Tat

Unit 3: Rehabilitation and Coping with Infants and Children with Disabilities

Dr Peter Lim

Workshop 1: 25 August 2007

4.30pm – 6.30pm

- Overview of the 4 Disability-related Schemes
- Insurance perspective
- World view & experience in administering disability-related schemes
- Q&A

Seminar 2: 26 August 2007

2.00pm – 4.00pm

Unit 4: Rehabilitation and Coping with Infants and Children with Disabilities

Dr Janice Wong

Unit 5: Assessment of the 6 Activities of Daily Living in Adults

Dr Ng Yee Sien & Dr Heeyoune Jung

Unit 6: Assessment of Activities of Daily Living in Children and Infants with Developmental Disabilities

Dr Sylvia Choo

Workshop 2: 26 August 2007

4.30pm – 6.30pm

- Case Studies – Adults & Children
- Q&A
- Course Assessment