

## OVERVIEW OF ASTHMA DISTANCE LEARNING COURSE

This distance learning course is the second CME Course for doctors. It is made up of three parts. The CME user can choose one or more of the parts to meet his or her CME requirements.

### Aim

To provide a short clinical course that reviews the important concepts in the management of asthma in the primary care setting.

### Objective

Upon completion of the course, the participants would have obtained a good grasp of the important concepts in the management of asthma. The participants should be able to apply lessons that they had learned in the course to the care of their asthmatic patients.

### Course Structure

#### 1. *Distance Learning Package* (6 CME points)

The objective is to provide the participant with the theoretical basis of asthma care. It comprises of 6 distance-learning units with lecture materials and a set of 30 assessment questions (MCQs) to evaluate the factual knowledge acquired in the lecture units.

These six units are:

Unit 1 - Assessment of Asthma

Unit 2 - Acute Severe Asthma

Unit 3 - Asthma in Children

Unit 4 - Pharmacologic Treatment of Asthma

Unit 5 - Asthma Action Plan

Unit 6 - Asthma and the Environment

#### 2. *Two workshops* (2 CME points) (1 hour each)

The objective is to provide participants with practical skills and knowledge that can be applied to their daily practice.

- Workshop 1 is a series of case studies that teaches decision making in asthma management.
- Workshop 2 teaches participants how to use asthma action plan in their practice. It also teaches the finer points of using drug delivery devices and measurement of lung function.

#### 3. *Two Seminars* (4 CME points) (2 hours each)

Expert resource persons will take the participants through the 6 units of study and answer questions from the course participants.

#### Reading of Journal Articles (up to 5 CME points)

10 journal articles relating to asthma management will be selected for the course participants to read. Participants will choose 5 out of the 10 articles to study.

### Asthma Management Skills Course

Date : 9 and 16 February 2003 (Sundays)  
Time : 2.00 pm – 5.30 pm  
Venue : MOH Auditorium  
16 College Road, Singapore 169854

Seminar 1 : 9 February 2003 (Sunday)  
2.00pm to 4.00pm

Workshop 1 : 9 February 2003 (Sunday)  
4.30pm to 5.30pm

Seminar 2 : 16 February 2003 (Sunday)  
2.00pm to 4.00pm

Workshop 2 : 16 February 2003 (Sunday)  
4.30pm to 5.30pm